

**BEAUTY AND WELLNESS (CODE-807)
SESSION (2019-20)
JOB ROLE: Beauty Therapist**

This course is designed for the students to learn about and perform the basics of beauty therapy and maintain hygiene and safety at workplace. The students would gain knowledgeable about various beauty products and will be able to perform basic depilation, manicure, pedicure and basic face care services. They will be able to assist Beauty Therapist in providing advanced services. The students will be trained in the correct usage and handling to perform the skin treatments safely.

Class XII (2019-20)

Total Marks: 100 (Theory-60+Practical-40)

SCHEME OF UNITS

This course is a planned sequence of instructions consisting of units meant for developing employability and vocational competencies of students of Class XII opting for vocational subject along with general education subjects. The unit-wise distribution of hours and marks for class XII is as follow:

Beauty and Wellness(807) CLASS XII session 2019-20				
	Units	No. of Hours for Theory and Practical 260		Max. Marks for Theory and Practical 100
Part A	Employability Skills			
	Unit 1 : Communication Skills-IV	10		10
	Unit 2 : Self-Management Skills-IV	10		
	Unit 3 : Information and Communication Technology Skills-IV	10		
	Unit 4 : Entrepreneurial Skills-IV	15		
	Unit 5 : Green Skills-IV	05		
	Total	50		10
Part B	Vocational Skills	Theory Periods	Practical Periods	50
	Unit 1 : Make Up Services	20	55	
	Unit 2 : Facial Beauty Services	20	60	
	Unit 3 : Salon Reception Duties	06	14	
	Unit 4 : Create a positive impression at work place	06	14	
	Total	52	143	50
Part C	Practical Work			
	Practical Examination			15
	Written Test			10
	Viva Voce			10
	Total			35
Part D	Project Work/Field Visit			
	Practical File/ Student Portfolio	15		05
	Total	15		05
	Grand Total	260		100

Note:-Detailed Curriculum/ Topics to be covered under employability skill can be downloaded from CBSE website.

Part-B

UNIT 1 – MAKE UP SERVICES

1.	Perform Make Up Services	<ol style="list-style-type: none"> 1. Basic skin types and skin tones. (Oily, dry, normal and combination; Skin tone: Fair, dark, pink, yellow, pale) 2. Select and apply the correct make-up products to enhance facial features, to suit the client's needs and achieve the desired effect 3. Various Make-up products: Foundation, powder, blusher, mascara, eye shadows, eye liner, eyebrow pencil, lip liner and lip stick/gloss, etc 4. Colour wheel and how to use it for selecting right make up products 5. Importance of Highlighting and contouring with respect to make up 6. Basic bindi designs 7. Different draping techniques 8. Various make-up removal products and procedures 	<ol style="list-style-type: none"> 1. Identify basic skin types and skin tone correctly. 2. Select and apply the correct make-up products to enhance facial features, suit client's needs and achieve the desired effect keeping in mind the hue, tints & other colour coordinates 3. Demonstration of different make-ups: Day, Party, Evening Bridal Make Up 4. Application of bindi design 5. Demonstration of draping costumes on customer using correct techniques and without discomfort to the customer 6. Using make-up removers, cleansers and toners to remove make-up
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UNIT 2 – FACIAL BEAUTY SERVICES

2.	Operate and apply electrical/electronic equipment for facial beauty services safely and effectively	<ol style="list-style-type: none"> 1. Electrical/electronic machine equipment for beauty services - Brush Machine/Brush Unit, Facial Steamer (Vapour Zone), High 	<ol style="list-style-type: none"> 1. Identify various electrical/electronic machine equipment for beauty services correctly - Brush Machine/Brush Unit, Facial Steamer (Vapour Zone), High frequency, Galvanic (Iontophoresis, Faradic, Vacuum suction,
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		<p>frequency, Galvanic (Iontophoresis, Faradic, Vacuum suction, Microcurrent, Electro-muscle Stimulator, Lymphatic Drainage Equipment, Microdermabrasion , Ultra-sonic</p> <p>2. Contraindications & contractions for use of different machines.</p> <p>3. Using the equipment for facial beauty</p>	<p>Microcurrent, Electro-muscle Stimulator, Lymphatic Drainage Equipment, Microdermabrasion, Ultra- sonic</p> <p>2. Select and prepare suitable skin care products to meet the client's needs in line with the client service plan</p> <p>3. Select the correct machine and accessories as per the service plan</p> <p>4. Operate the equipment as per manufacturer's instructions in line with service procedure requirements</p> <p>5. Identify contra-indications and respective necessary actions</p> <p>6. Demonstrate specific after- procedure, homecare advice and recommendations for product use and further treatments to the client</p>
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UNIT 3 –SALON RECEPTION DUTIES

3.	Perform salon reception duties	<ol style="list-style-type: none"> 1. Importance of customer satisfaction for business and professional success 2. Information required for booking an appointment and the purpose of each item of information 3. Features and operational procedures of computerized booking systems 4. Importance of managing customers during waiting periods and possible ways to do that 5. Customer service principles including privacy and protection to modesty of the customers 6. data protection, its importance, application and relevant practices 	<ol style="list-style-type: none"> 1. List types of products and services offered by the salon and their costs 2. Enlist time taken for various services and procedures offered by the salon 3. Role play to demonstrate different client handling situation.
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UNIT 4 – CREATE A POSITIVE IMPRESSION AT WORKPLACE

4.	Create Positive impression at work place (Client care and communication in beauty industry)	<ol style="list-style-type: none"> 1. Effective consultation techniques to identify treatment objectives 2. Effective communication techniques when dealing with clients 3. Professional etiquettes 	<ol style="list-style-type: none"> 1. Role plays to demonstrate right consultation & communication techniques with clients. 2. Demonstrate client handling methods citing situational examples
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BEAUTY & WELLNESS-807(XI & XII)

LIST OF EQUIPMENT AND MATERIALS (ASSISTANT BEAUTY THERAPIST-CLASS XI & XII)

The list given below is suggestive and an exhaustive list should be prepared by the vocational teacher. Only basic tools, equipment and accessories should be procured by the Institution so that the routine tasks can be performed by the students regularly for practice and acquiring adequate practical experience.

1. All in one Eyelash Brush/Comb
2. All Purpose Comb
3. Applicator Brush
4. Arm Chair
5. Barber Brush
6. Bath Comp
7. Blackhead Remover
8. Bleach Brush
9. Body Massage Bed
10. Bowles
11. Brushing Machine 10 in 1 (Vacuum, High Frequency, galvanic, wood lamp, magnifying glass, steamer)
12. Complete Make up Brushes Set
13. Computer with Internet
14. Crimpers
15. Curling Iron
16. Curling Rods (Small, Medium, Large)
17. Cuticle Knife, Buffers, Pedicure rasp(hard skin removal), Nail scissors
18. Clippers, Hard skin remover, nipper
19. (for pedicure)
20. Cutting Scissors
21. Cutting Sheets
22. Decorative Pins Boxes
23. Double Wax heater
24. Dustbin
25. Electric Curler
26. Exfoliation Machine
27. Eyebrow Pencil Sharpener
28. Facial Bed
29. Facial Steamer
30. Foot Scraper
31. Foot spa
32. Frosting cap
33. Galvanic Machine
34. Garbage Bin/Bags
35. Hair Brush
36. Hair Clips set

37. Hair Connector
38. Hair cutting Comb
39. Hair Dresses Chair/Stool
40. Hair Dryer
41. Hair Pin Boxes
42. Hair Steamer
43. Hand Mirrors
44. High Chair
45. Hydraulic Chair 5
46. Infrared Lamp
47. Invisible Pins Boxes
48. Jumbo Rollers set
49. Ladies/kids Cut Catalogues
50. Large Size Rollers
51. Large Stools
52. Large Tooth Comb
53. Magazines/Books with rack
54. Magnifying Glass
55. Make up Catalogues
56. Make up Palette
57. Manicure Set
58. Manicure Table
59. Markers Set as required
60. Measuring Cup sets
61. Measuring Glass sets
62. Measuring Spoon sets
63. Medium Size Rollers
64. Mixing Bowler set
65. Modular Mirrors
66. Mop
67. Needle for Striking
68. Paraffin Heater
69. Pedicure Set
70. Perming Cap
71. Pin Curl Clips Boxes
72. Razor with blade
73. Roller Brush set 5 in 1
74. Roller Pins
75. Shampoo Bowl Set
76. Shampoo Unit
77. Shower Cap
78. Small Scissors
79. Small Size Hair Rollers Wires
80. Small Stools
81. Spatula
82. Spray Bottle
83. Sterilizer
84. Stone Therapy set

85. Straightening Iron
86. Tail Comb
87. Thinning Scissors
88. Timer
89. Tinting Brush with Comp
90. Tweezer
91. White Board
92. Wide Toothed Comb
93. Working and facial Trolleys