

CBSE – DEPARTMENT OF SKILL
EDUCATION

BEAUTY AND WELLNESS (SUBJECT CODE 807)

Sample Question Paper with Marking scheme

Class XII (Session 2019–2020)

Time: 3 Hours

Max. Marks: 60

General Instructions:

1. *This Question Paper consists of two parts viz. Part A: Employability Skills and Part B: Subject Skills.*

Part A: Employability Skills (10 Marks)

- i. Answer any 4 questions out of the given 6 questions of 1 mark each.*
- ii. Answer any 3 questions out of the given 5 questions of 2 marks each.*

Part B: Subject Skills (50 Marks):

- iii. Answer any 10 questions out of the given 12 questions of 1 mark each.*
 - iv. Answer any 5 questions from the given 7 questions of 2 marks each.*
 - v. Answer any 5 questions from the given 7 questions of 3 marks each.*
 - vi. Answer any 3 questions from the given 5 questions of 5 marks each.*
2. *This question paper contains 42 questions out of which 30 questions are to be answered.*
3. *All questions of a particular part/section must be attempted in the correct order.*
4. *The maximum time allowed is 3 hrs.*

PART A: EMPLOYABILITY SKILLS (10 MARKS)

Answer any 4 questions out of the given 6 questions of 1 mark each:

1.	_____ is a form of communication that allows students to put their feelings and ideas on paper. Answer – Writing	(1)
2.	_____ motivation is based on the physical needs to satisfy hunger or thirst. Answer – Physiological	(1)

3.	<p>The software which contains rows and columns is called _____</p> <p>a) Database b) Powerpoint c) Spreadsheet d) Word processing</p> <p>Answer – c) Spreadsheet</p>	(1)
4.	<p>_____ is the first step of the Business Cycle while setting up the business.</p> <p>Answer – Business Idea</p>	(1)
5.	<p>Who designs and develop wind farm systems?</p> <p>Answer- Wind/ Solar energy engineers</p>	(1)
6.	<p>_____ people have elevated spirit and full of positivity.</p> <p>Answer – self motivated</p>	(1)

Answer any 3 questions out of the given 5 questions of 2 marks each:

7.	<p>Describe any two parts of speech.</p> <p>Answer- 1. PREPOSITION -a preposition is a word placed before a noun or pronoun to form a phrase modifying another word in the sentence. Example - By, with, etc. 2. CONJUNCTION -A conjunction joins words, phrases, or clauses. Example -The young girl brought me a very long letter from the teacher, and then she quickly disappeared.</p> <p>(Any other Parts of Speech)</p>	(2)
8.	<p>How can we influence personality?</p> <p>Answer – Personality affects all aspects of an individual's performance, even how he/she reacts to situations in life.</p>	(2)
9.	<p>Write down the difference between Normal view and Handout view?</p> <p>Answer- The Normal view is the default view that is used to create and edit slides. In the Handout view, you can adjust the number of slides to be printed on each page.</p>	(2)

10.	List down four values which make an entrepreneur successful. Answer- a. Confidence b. Independence c. Perseverance d. Open mindedness	(2)
11.	How can we protect existing and future water supply? Answer- By ensuring that resources are not mismanaged, over exploited or otherwise used in manner that would be considered damaging.	(2)

PART B: SUBJECT SKILLS (50 MARKS)

Answer any 10 questions out of the given 12 questions:

12	Skin tone is also called as <u>UNDERTONES</u> skin.	(1)
13	<u>CREAM</u> foundation is suitable for normal to dry skin.	(1)
14	Blush-on is also called <u>BLUSHER.</u>	(1)
15	Tint moisturisers provide <u>LIGHT</u> coverage.	(1)
16	Cosmetic electrotherapy enhances <u>SKIN</u> quality.	(1)
17	Facial cleansing <u>BRUSHES</u> are used for deep cleansing.	(1)
18	The Lymphatic system is linked to the <u>IMMUNE SYSTEM</u> system.	(1)
19	The environment in the salon must be <u>PEACEFUL</u>	(1)
20	A salon receptionist has to talk <u>POLITELY</u>	(1)
21	The <u>RETAIL AREA</u> have simple and clean display of products	(1)
22	The reception area should be well <u>ORGANISED.</u>	(1)
23	Beauty Therapist should be <u>POLITE</u> towards clients.	(1)

Answer any 5 questions out of the given 7 questions of 2 marks each:

24	<p>Write down the causes of Dry Skin.</p> <p>Answer.- Dry skin is due to lack of lubrication from the sebaceous glands Some potential causes of dry or dehydrated skin on the face include:</p> <ol style="list-style-type: none">1 cold weather.2 dry air.3 exposure to harsh chemicals in soaps or other products.4 washing the skin excessively.5 unbalanced skin pH.6 skin conditions, such as atopic dermatitis, seborrheic dermatitis, and psoriasis.7 diabetes.8 hypothyroidism.	(2)
25	<p>Write down the effect of stick foundation.</p> <p>Answer- Stick foundation</p> <ol style="list-style-type: none">1. The coverage is heavy and is perfect for covering up blemishes, scars, reddened areas and dark under-eye circles.2. They are best suited for normal to oily skin.3. It is recommended to apply stick foundation only to the problem area. Rest area can be covered by regular liquid or cream foundation.	(2)
26	<p>What is importance of colour wheel in Make-up</p> <p>Answer- A makeup artist is required to suggest clients suitable colors based on the skin tone and complexion. Some colors may look good for a particular skin complexion. Therefore, it is important to understand how colors work. The theory of color combination is best understood by studying the color wheel.</p>	(2)

27	<p>What are the benefits of steaming in facial?</p> <p>Answer- The following are the benefits of steaming is</p> <ul style="list-style-type: none"> Pushes out dirt Sheds dead skin Keeps pores open Loosens blackheads Prevents pimples Removes trapped makeup Kills bacteria 	(2)
28	<p>Write down the qualities of salon receptionist.</p> <ul style="list-style-type: none"> • Answer- A salon receptionist has to work in a busy environment with a lot of people coming and going. • A smiling face and a friendly nature will make the clients feel welcome and at home. • A receptionist needs to be acquainted with all the services that the salon offers so as to answer the queries of the customers. • Good administrative skills are a plus in this position. 	(2)
29	<p>Write short note on retail area.</p> <p>Answer- This is a great idea to present the products to the customers. It is best if they can pick it and read the label and get to know the price too. The fancy displays or locked displays might scare off a customer, so, it's better to have a simple and clean display of products.</p>	(2)
30	<p>Write down the types of eye shadow.</p> <p>Answer- 1. Powder Eye shadow</p> <ul style="list-style-type: none"> - This is the most commonly used eye shadow. - It is easy to blend. - Available in various kind of finishes; - Matte eye shadow - Shimmer eye shadow - Satin eye shadow - Never rub powder eye shadow. - Apply by gently patting and pressing the colour onto the eyelid. <p>2- Cream eye shadow</p> <ul style="list-style-type: none"> - Available in various forms; pans, tubes and sticks. - Provides shimmery and long- wearing formula. - Cream eye shadows should be avoided in hot weathers as they will melt down. Two or more colours can be combined to give a rich look. 	(2)

Answer any 5 questions out of the given 7 questions of 3 marks each:

31	<p>List out the various products required for Make-up.</p> <p>Answer- A beauty therapist uses various products to provide makeup service as per the client's needs. Some of the commonly used makeup products are:</p> <ol style="list-style-type: none">1. Foundation2. Blusher3. Mascara4. Eye shadow5. Eyeliner <ul style="list-style-type: none">• Foundation Foundation is applied to achieve smooth and even complexion. Foundation can be applied to eye makeup, cheeks or lips. The right shaded foundation will disappear into the face. A beauty therapist is required to select right type and brand of the foundation so that it can go well with makeup.• Blusher Blushers are used to enhance the features of the face such as cheeks and eyes. There are different forms of blushers such as powders, creams, gels, mousses, sticks and liquids.• Mascara Mascara cosmetic is used to enhance the eyelashes. It is used to darken, thicken, lengthen or define the eyelashes.• Eye shadow There are many forms of eye shadows available in the market. These are available in various forms such as powders, pencils, crayons, etc. Eye shadows are made up of waxes, oils and pigments to provide the colour.• Eyeliner Eyeliner is used to define the eye area and to help accentuate the eye and lashes. There are various forms of eyeliners available in the market.	(3)
32	<p>What is use of mascara in make-up? Explain with its types</p> <p>Answer- Mascara is a cosmetic commonly used to enhance the eyelashes. It may darken, thicken, lengthen, and/or define the eyelashes. types of mascara</p> <ol style="list-style-type: none">1. Powder mascara Water is added to the powder mascara. A wand is required to apply this mascara. It gives a false kind of eyelash finish.2. Cream mascara Mascara provides volume to thin and sparse eyelashes and adds depth to the eyes.3. Liquid mascara Liquid mascaras are most commonly used by women. It enhances and sharpens the lashes	(3)

33	<p>List out the various Bindi designs in details.</p> <p>Answer- Bindi is a symbol tradition and style and adds charm to overall personality. Bindis are available in various designs, shapes, sizes and colour.</p> <p>1. Snake style bindi This style will help to look wild and fashionable. It is a very popular design.</p> <p>2. Letter style bindi This type of bindi adds little fun to the bindi style.</p> <p>3. Question mark style bindi This bindi design provides fetish, freaky look.</p> <p>4. Designer bindi This bindi style goes well with designer sarees.</p> <p>5. Tribal style bindi This is best suited for long skirts and tribal print tops.</p> <p>6. Flower style bindi This a simple bindi design. Looks beautiful when worn with embroidered kurtis and Salwars.</p>	(3)
34	<p>Write down the effects & contra-indications of Galvanic electro facial skin treat.</p> <p>Answer- Effects of this treatment are:</p> <ol style="list-style-type: none"> 1. Complete cleansing and detoxification 2. Increases blood circulation 3. Reduced appearance wrinkles and fine lines 4. Effective application of skin care products 5. Makes the skin brighter <p>Contra-indications</p> <ol style="list-style-type: none"> 1. Skin infection or irritation 2. Vascular or hypersensitive skin 3. Sinusitis 4. Epilepsy 5. Excessive fillings 	(3)

35	<p>Explain why clients' consultation required before any treatment...</p> <p>Answer- Client consultations are a crucial part of being in the professional beauty industry. They protect both the client and you and ensure that you do not perform any treatments on a client that may be detrimental to their well-being. Consultation forms are part of a criterion for standard legal operating procedure in the Beauty Industry and are drilled into beauty professional's routine from day one. A consultation card is used to find out if there are any contra-indications which may prevent the beauty therapist from carrying out a treatment. All salon professionals carrying out treatments must keep their client's consultation cards and ensure that they are stored in a cabinet which can be locked in order to comply with the data protection act.</p>	(3)
36	<p>Explain why time management is important for Beauty Therapist.</p> <p>Answer- Time management is the process of planning and exercising conscious control of time spent on specific activities, especially to increase effectiveness, efficiency, and productivity. By organising your time as a salon owner effectively and efficiently, you are prioritizing your business and creating more time to focus on its development and growth.</p>	(3)
37	<p>Write down the point of personal telephone call ethics & for the staff.</p> <p>Answer</p> <ol style="list-style-type: none"> 1. Answer-Messages will be taken and left at the reception desk. It is your responsibility to check for them on your break. 2. Emergency calls are accepted; however, please tell your friends and family not to call unless it is an emergency. 3. Please keep your calls to a minimum so that you do not hold up the salon or cause inconvenience to customers who may find the phone line engaged if someone is taking a personal call. 4. Mobile phones should be used for any other personal calls on your lunch break. Please keep it switched off the rest of the time and keep it in the Staff Room. 	(3)

Answer any 3 questions out of the given 5 questions of 5 marks each:

38	<p>How you will providing a caring environment to clients.</p> <p>Answer- To provide a caring environment you must:</p> <ul style="list-style-type: none">• Demonstrate a positive attitude towards work and other people.• Have a clean and neat appearance.• Show a friendly and courteous attitude to each other and to the clients. Always acknowledge the client, even if you are on the phone or with someone else.• Have high personal standards of behaviour and conduct.• Be punctual, reliable and efficient. If you are running late for work, call the salon immediately. If you are running behind schedule, explain the delay to your client; most will understand. Apologise for the inconvenience and do not blame anyone.• Be reassuring to your client and put them at ease by your behavior. This includes devoting your full attention to the client. It is rude to chat with other staff while attending to your client, however professional discussion with co-workers is permissible.	(5)
39	<p>Write Down The procedure or contraindication of lymphatic drainage facial machine.</p> <p>Answer- Step 1: Perform a deep skin cleansing. Step 2: Slough off dead skin cells of the upper layer using the diamond microdermabrasion technique. Step 3: Steam the skin using a vapour steamer. This process opens up the pores. Step 4: Ready the machine for the treatment. Stimulate the flushing out using a soft gripping technique. Apply pressure and strokes at the same time. Step 5: Massage using a Hyaluronic acid into the skin. The serum nourishes and moisturises the skin. Step 6: Lie back and relax with a special face mask.</p> <p>Contra-indications</p> <ol style="list-style-type: none">1 Acute inflammation may be caused by bacteria, viruses and poisons2 There is a fear of spreading the cancer3 This treatment may result in free-floating blood clots in the circulatory system	(5)
40	<p>Explain the types of payment and how you will process them.</p> <p>Answer- Payment processing This is the crucial responsibility which needs utmost care. Not only a sound knowledge of taxes but the knowledge of the operation of card machines is also imperative to process the payments. The main Payment types are</p> <ul style="list-style-type: none">-Cash transaction- Debit card- Credit card- Part cash/part debit card- Loyalty card- Gift voucher <p>There should be maintenance of adequate change in the cash box to facilitate this</p>	(5)

	<p>process.</p> <p>The invoices should be carefully generated using manual or computerised billing systems as per the salon procedures.</p> <p>The applicable discounts or offers should be carefully and accurately calculated and applied to the invoices.</p> <p>Loyalty cards pose an effective way of generating client loyalty. Points are awarded when products and services/treatments are bought by the client and can be redeemed against future products and services/treatments. The receptionist should know how to redeem the points if the client wants to redeem them.</p> <p>Receptionist must know the salon procedure for both selling and redeeming gift vouchers.</p> <p>They should be able to handle the customer queries related to the bills and explain it to them politely.</p> <p>They should escalate the severe issues to higher authority, such as, damaged or counterfeit currency, declined cards, defected cheques, aggressive customers, damaged appliances, etc.</p> <p>They should never disclose passwords or confidential information to any person.</p> <p>They should know how to operate swipe machines.</p> <p>They should be able to calculate and handover the money and receipts to the designated personnel at the end of the shift.</p>	
41	<p>How you will handle contraindications of treatment as a team member.</p> <p>Answer- While treatment If you need help or information, you should ask for it politely. Stating why you require assistance will explain to other members of staff how they are helping you. Being polite and professional at all times will promote team spirit.</p> <p>When a colleague asks for your help you should respond willingly and politely to the request.</p> <p>Anticipating the needs of others and offering prompt assistance</p> <p>Being capable and competent means doing a job as well as you have been trained to do. Do not attempt to bluff your way through a job this could put a client or colleague at risk.</p> <p>Being responsible for your actions involves taking responsibility for any mistakes you may make and taking the appropriate action to minimize any further damage. Treat others as you wish to be treated.</p> <p>Never attempt to do a job that you have not been trained to do.</p> <p>Never try to cover up mistakes this will only make things worse.</p> <p>Never carry out a task if you are unsure.</p> <p>Always check with a colleague who has more experience or is in authority so that you get it right.</p> <p>Always make sure you understand what is being asked of you. The ability to listen carefully is an important skill.</p> <p>Show that you understand by nodding your head</p>	(5)

42	<p>Write down the procedure of draping a Lehenga Dupatta.</p> <p>Answer- How to drape a Lehenga Dupatta</p> <p>1. Tie on wrist: Make pleats on the dupatta and place the pleats on the right shoulder such that the outmost end of the Dupatta falls off the shoulder and reaches a little below the knees. While placing the dupatta on the shoulder ensure that the open end of the uppermost pleat is facing out and the folded part in facing the neck.</p> <p>Secure the pleats at the shoulder with a safety pin that is fixed from inside the shirt, so that it is not visible.</p> <p>Take the upper corner of the opposite end of the dupatta and fold it around the left wrist in a loop such that only the border is visible. Secure the loop around the wrist with a safety pin. Allow the lower corner to fall grace fully from the wrist.</p>	(5)
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