

CBSE | DEPARTMENT OF SKILL EDUCATION

HEALTH CARE (SUBJECT CODE -813)

CLASS XII (SESSION 2021-2022)

BLUE-PRINT FOR SAMPLE QUESTION PAPER FOR TERM -1

Max. Time Allowed: 90 Minutes (1½ Hrs.)

Max. Marks: 30

PART A - EMPLOYABILITY SKILLS (05 MARKS):

UNIT NO.	NAME OF THE UNIT	NO. OF QUESTIONS (1 MARK EACH)
1	Communication Skills-IV	2
2	Self-Management Skills-IV	2
3	Information and Communication Technology Skills-IV	2
TOTAL QUESTIONS		6 Questions
NO. OF QUESTIONS TO BE ANSWERED		Any 5 Questions
TOTAL MARKS		1 x 5 = 5 marks

PART B - SUBJECT SPECIFIC SKILLS (25 MARKS):

UNIT NO.	NAME OF THE UNIT	NO. OF QUESTIONS (1 MARK EACH)
1	Medical Record/Documentation	8
2	Role of General Duty Assistant in Elderly Care and Child Care	12
3	Bio waste Management	12
TOTAL QUESTIONS		32 Questions
NO. OF QUESTIONS TO BE ANSWERED		25 Questions
TOTAL MARKS		1 x 25 = 25 MARKS

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Max. Time Allowed: 90 Minutes (1½ Hrs.)

Max. Marks: 30

General Instructions:

1. Please read the instructions carefully
2. This Question Paper is divided into 03 sections, viz., Section A, Section B and Section C.
3. Section A is of 05 marks and has 06 questions on Employability Skills.
4. Section B is of 20 marks and has 25 questions on Subject specific Skills.
5. Section C is of 05 marks and has 07 competency-based questions.
6. Do as per the instructions given in the respective sections.
7. Marks allotted are mentioned against each section/question.
8. All questions must be attempted in the correct order

SECTION A

Answer any 5 questions out of the given 6 questions on Employability Skills (1 x 5 = 5 marks)

1.	A phrase always starts with a preposition and ends with a noun or pronoun that is called the object of the preposition. Identify the phrase. a) Prepositional b) Verbal c) Verb d) Noun	1
2.	A complex sentence is a sentence that combines one 'A' clause with at least one 'B' clause. Identify A and B. a) A- Independent, B- dependent b) A- Independent, B- Verbal c) A- Verb, B- dependent d) A- Prepositional, B- verb	1
3.	In case of the motivation, an individual demonstrates a desire to do his/her work without any external reward. It is coming from inner mind. Which kind of motivation is this? a) Physiological motivation b) Psychological motivation c) External motivation d) Internal motivation	1

4.	These people have elevated spirit and are full of positivity. These people love to do various types of work and innovative methods are getting used in their work. What type of people are they? a) Self-motivated b) Self- depressed c) Self-hatred d) Self-declined	1
5.	This bar of a Calc Screen contains icons (buttons) to provide quick access to commands such as New, Open, Print, Copy and Paste etc. Which is this bar? a) Title bar b) Menu bar c) Standard bar d) Task bar	1
6.	Extension of an OpenOffice Calc file is _____ a) .doc b) .odx c) .ODP d) .odc	1

SECTION B

Answer any 20 questions out of the given 25 questions

(1 x 20 = 20 marks)

7.	The doctor's orders regarding the medication investigations, diet etc. may be written on separate sheets. This is sheet is provided to the patient for further use. Which kind of sheet can it be? a) Graphic chart b) Consent form c) Doctor's order sheet d) Diet sheet	1
8.	This certificate is given to the patient at the time of discharge from hospital. It contains the diagnosis of disease, time of hospital stays, treatment given. It is a document of medico-legal importance. Identify the document. a) Wound certificate b) Accident cum wound register c) Discharge certificate d) Police intimation	1
9.	All the records are filed according to the specific custom, so that they can be traced easily. Where are the records being kept safely for future use? a) Patient b) Hospital c) Clinic d) Doctor	1
10.	Rohit Uncle is a diabetic patient. He must follow the diet in strict manner to keep his glucose level in normal value. Doctor has also suggested him to check for some parameters of blood every year and keep the record. The purpose of this record is to provide personalized care. Identify the record. a) Medical record b) Staff record c) Medicine record d) Diet record	1

11.	This document describes the nature of wound and its importance, these are given on request by the police. It must be duly signed by the medical officer, who has attended the patient. Identify the document. a) Wound certificate b) Accident cum wound register c) Discharge certificate d) Police intimation	1
12.	Ravi is working as GDA in a hospital. One accident case has come in the hospital, and he must prepare a document to inform police about the accidental case. This is a document which is sent by the hospital informing about a medico-legal case. Identify the document. a) Wound certificate b) Accident cum wound register c) Discharge certificate d) Police intimation	1
13.	Rohan begins to take care of himself and do things on his own. He learns to control himself and what he does. He learns how to walk around, feed himself, use the toilet and control his own behavior. He also wants to be with his parents. He does not like people that he does not know. What can be the age of Rohan? a) 5 to 12 years. b) 3 to 5 years c) 1 to 3 years d) birth to 1 year	1
14.	Traditionally, this care has been the responsibility of family members and was provided within the extended family home. Increasingly in modern societies, this care is now being provided by state or charitable institutions. Identify the type of care that we are following in our daily life for our respectable persons. a) Elderly care b) Childcare c) Adolescent care d) Adult care	1
15.	Raj's Grandfather is confused and not able to understand. Less ability to understand is determined here. This can be due to- a) Poor hearing and sight b) Less ability to understand c) Less learning ability d) A short attention span	1
16.	As the body ages, the bones lose the specific mineral, get weak, thin, brittle, and weak. We can get back the mineral by drinking milk, or by taking dairy products mainly. Which kind of mineral is this? a) Magnesium b) Calcium c) Iron d) Manganese	1
17.	In this stage the students want to be confident. They want to do well in school. They try very hard to please their teachers and their parents. School age children want to feel that they are competent and able to do things on their own. Identify the age group of the child in the given condition. a) 5 to 12 years. b) 3 to 5 years c) 1 to 3 years d) birth to 1 year	1

18.	Mehul's Grandmother is now 70 years old. She may not be able to understand long and detailed information. She may do better with short instructions. This can be due to- a) Poor hearing and sight b) Less ability to understand c) Less learning ability d) A short attention span	1
19.	Vision and hearing get poor as humans age. GDA and others must give a patient their eyeglasses and/or their hearing aid so they can communicate easily. This can be due to- a) Poor hearing and sight b) Less ability to understand c) Less learning ability d) A short attention span	1
20.	They are not yet able to do anything for themselves. They depend on others to feed them and to keep them safe. They need to be loved. They need others to keep them clean and dry. They must feel that their needs will be met as soon as they begin to cry. Identify the age group of the child in the given condition. a) 5 to 12 years. b) 3 to 5 years c) 1 to 3 years d) birth to 1 year	1
21.	Ranjit's Grandfather is suffering from pain in his knee for long 5 years. Now he is 75 years old. What problem is he facing? a) Gout b) Bowel disorder c) Skin rash d) Vision impairment	1
22.	If you are working as GDA in any hospital and you are responsible for the Disposal of waste materials. How can you dispose the pharmaceutical wastes? a) Autoclaving b) Drainage c) Landfilling d) Way same as general waste.	1
23.	Meghna is responsible for generating, segregating, collecting, storing, and treating of the hospital waste. What role she is playing in hospital? a) Hospital staff b) Doctors c) Nurses d) Patients	1
24.	Solvents and reagents used for laboratory preparations, disinfectants, sterilant and heavy metals contained in medical devices (e.g., mercury in broken thermometers) and batteries- Identify the waste material. a) Infectious waste b) Sharps waste c) Pharmaceutical waste d) Chemical waste	1
25.	Waste containing substances with genotoxic properties (i.e., highly hazardous substances that are, mutagenic, teratogenic, or carcinogenic), such as cytotoxic drugs used in cancer treatment and their metabolites- Identify the waste material. a) Cytotoxic waste b) Radioactive waste c) Pharmaceutical waste d) Chemical waste	1

26.	Rajni is working as GDA in hospital, and she is responsible in waste management of hospital. Which method can be used for the disposal of microbiological and bio-technological wastes? a) Autoclaving b) Drainage c) Landfilling d) Way same as general waste.	1										
27.	This hospital personnel are responsible for the implementation, monitoring and evaluation of hospital waste management from collection and storage of hospital waste to its final disposal. Who are these personnel? a) Medical Superintendent/Director b) Officer In charge of Waste Management c) Heads/In charge of Labs/Units/Departments d) In-charge Sanitation Inspector	1										
28.	<p>Match the following Routes of transmission of infection with their example:</p> <table border="1" data-bbox="209 622 1342 1025"> <thead> <tr> <th data-bbox="209 622 536 663">Routes of transmission</th> <th data-bbox="536 622 1342 663">Examples</th> </tr> </thead> <tbody> <tr> <td data-bbox="209 663 536 730">A) Air borne</td> <td data-bbox="536 663 1342 730">I. Through the process of injections and infusions.</td> </tr> <tr> <td data-bbox="209 730 536 875">B) Direct Contact</td> <td data-bbox="536 730 1342 875">II. Through ingestion of food, water with contaminated hands</td> </tr> <tr> <td data-bbox="209 875 536 987">C) Faeco-oral route</td> <td data-bbox="536 875 1342 987">III. Through abrasions on the skin, or through the mucous membrane</td> </tr> <tr> <td data-bbox="209 987 536 1025">D) Parenteral route</td> <td data-bbox="536 987 1342 1025">IV. Through inhalation of hospital dust</td> </tr> </tbody> </table> <p>a) A-II, B-I, C-IV, D-III b) A- IV, B-III, C- II, D- I c) A-III, B-IV, C-I, D-II d) A- II, B-III, C-I, D-IV</p>	Routes of transmission	Examples	A) Air borne	I. Through the process of injections and infusions.	B) Direct Contact	II. Through ingestion of food, water with contaminated hands	C) Faeco-oral route	III. Through abrasions on the skin, or through the mucous membrane	D) Parenteral route	IV. Through inhalation of hospital dust	1
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29.	Baby Rahul has taken birth in this place and has acquired Nosocomial infections that have been potentially caused by organisms that are resistant to antibiotics. In which place has he taken birth? a) Home b) School c) Hospital d) Laboratory	1										
30.	Products contaminated by radionuclides including radioactive diagnostic material or radiotherapeutic materials; and Non-hazardous or general waste: waste that does not pose any biological, chemical, radioactive, or physical hazards- Identify the waste material. a) Infectious waste b) Radioactive waste c) Pharmaceutical waste d) Chemical waste	1										
31.	<p>As a GDA you are working in hospital, and you are responsible to segregate and dispose the waste of hospital in proper manner. How can you separate the following waste based on the color coding?</p> <table border="1" data-bbox="209 1778 1299 2098"> <thead> <tr> <th data-bbox="209 1778 612 1818">Category</th> <th data-bbox="612 1778 1299 1818">Type of waste</th> </tr> </thead> <tbody> <tr> <td data-bbox="209 1818 612 2069"> A) Yellow category  </td> <td data-bbox="612 1818 1299 2069">I. Recyclable contaminated waste</td> </tr> <tr> <td data-bbox="209 2069 612 2098">B) Red category</td> <td data-bbox="612 2069 1299 2098">II. Glassware and Metallic body implants</td> </tr> </tbody> </table>	Category	Type of waste	A) Yellow category 	I. Recyclable contaminated waste	B) Red category	II. Glassware and Metallic body implants	1				
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<p>C) White category</p> 	<p>III. Human and Animal waste</p>
<p>D) Blue category</p> 	<p>IV. Sharp wastes including metal</p>

a) A-III, B- I, C- IV, D- II
b) A-II, B-I, C-IV, D-III
c) A-IV, B-III, C-I, D-II
d) A-III, B-I, C-II, D-IV

SECTION C
(COMPETENCY BASED QUESTIONS)

Answer any 5 questions out of the given 7 questions
marks)

(1 x 5 = 5

	<p>Read the passage carefully and answer the questions (32-38):</p> <p>Raju Uncle has met a minor accident 10 days back but till now he is not able to forget about the accident as it has drawn a deep memory in his mind. Now he is 73 years old. He is going through some problems related to his mental state and physical state both. So, his daughter Rohini took him to hospital to visit doctor. After going to hospital, they have requested for the medical certificate as it is necessary for their personal purpose. Raju Uncle and Rohini were told to visit the medical officer as he must sign in that specific document.</p> <p>When Raju Uncle was admitted in hospital due to his accident then first aid was provided, and medical document was made based on Raju uncle's physical, emotional, and behavioral state. As he is aged so he has some kinds of digestive and eyes related problems. After the accident he got a mild stroke and with proper medical treatment the condition was controlled.</p> <p>The hospital is very clean and clear, and their services are good enough to satisfy the patient's need. The doctors, matrons, nursing staff, housekeeping staff are humble in nature and they are very helpful. Raju uncle and his family were happy with the services of the hospital.</p>	
<p>32.</p>	<p>Raju Uncle and Rohini requested for this medical document that is usually maintained by the casualty medical officer. Recording the nature of wound & trauma. In case the patient requests, medical certificate may have to be issued by the hospital. Identify the document.</p> <p>a) Wound certificate b) Accident cum wound register c) Discharge certificate d) Police intimation</p>	<p>1</p>

33.	<p>In which hospital Raju uncle was admitted, it was very clean and clear in nature because of these personnel who is responsible for the implementation, monitoring and evaluation of hospital waste management from collection and storage of hospital waste to its final disposal. He/she attend the Hospital Waste Management Committee meetings and ensure the training of the staff. Regular in-service training and evaluation of the sanitation attendants carried out by him/her. He/she shall also provide feedback information to Officer In-charge waste management in case of accidents and spills. Identify the personnel of hospital.</p> <p>a) Medical Superintendent/Director b) Officer In charge of Waste Management c) Matron / Nursing Superintendent d) In-charge Sanitation Inspector</p>	1
34.	<p>When Raju uncle got admitted in hospital then this documentation of the complete assessment of the patient was done. Assessment of the patient's overall physical, emotional, and behavioral state. Consideration for all patients include looks well or unwell, pale, or flushed, lethargic, or active, agitated, or calm, complaint or combative, posture and movement. Identify the type of medical documentation.</p> <p>a) Admission notes b) Assessment notes c) Discharge notes d) Transfer notes</p>	1
35.	<p>As the human body ages, it slows down, and it does not work as well as it did in the past. For example, digestion slows down. Foods that are eaten take longer to digest. It also takes longer to burn the calories that we eat. Raju uncle is also facing the same problem. The problem leads to-</p> <p>a) Endocrine system b) Muscular system c) Digestive system d) Sensory system</p>	1
36.	<p>As Raju uncle is suffering from eye problem, so he needs assistance in daily activities like-</p> <p>a) Dressing, walking, and eating b) Sleeping, Singing, and talking c) Listening to music, singing, and sleeping d) Hearing, talking, and singing</p>	1
37.	<p>After the accident when Raju uncle got mild stroke then he might not be able to speak and ask questions. After a stroke, many he had aphasia; a lack of ability to speak. This can be due to-</p> <p>a) Poor hearing and sight b) An inability to communicate c) Less learning ability d) A short attention span</p>	1
38.	<p>Raju Uncle was very happy with this hospital personnel who shall designate one of the senior administrative level deputies as Sister In charge of Hospital Waste Management, who shall be responsible for close monitoring of the activity. She shall conduct surprise rounds and shall review and evaluate the various aspects of scientific hospital waste management at all levels from generation and segregation to final disposal. Who are these hospital personnel?</p> <p>a) Medical Superintendent/Director b) Officer In charge of Waste Management c) Matron / Nursing Superintendent d) In-charge Sanitation Inspector</p>	1