

अध्यक्ष : श्री नरेन्द्र मोदी
भारत के प्रधानमंत्री
Chairman : Shri Narendra Modi
Prime Minister of India
उपाध्यक्ष : श्री प्रहलाद सिंह पटेल, संस्कृति मंत्री
Vice Chairperson : Shri Prahlad Singh Patel, Minister of Culture
निदेशक : दीपंकर श्री ग्यान, ज.आ.स.
Director : Dipanker Shri Gyan, J.A.S.



गांधी स्मृति एवं दर्शन समिति
(एक स्वायत्त निकाय, संस्कृति मंत्रालय)
Gandhi Smriti and Darshan Samiti
(An Autonomous Body under Ministry of Culture)

Preface

Nonviolent Communication is a powerful tool of effective communication which helps individuals to connect and engage with not only themselves, but their families, friends and the society at large. It is based on pillars of Gandhian nonviolence – ‘mutual respect’, ‘understanding’, ‘acceptance’, ‘appreciation’ and ‘compassion’.

Nonviolent Communication not only helps in emotional bridge-building, but also is an important tool to resolve disputes and conflicts. If we nurture the habit of using nonviolent communication in our daily lives, we will be able to overcome many problems in our families and society.

In this context, it is historical that Gandhi Smriti and Darshan Samiti have collaborated with the Central Board of Secondary Education to launch an online course on ‘nonviolent communication’. This is a fitting tribute to the Father of the Nation as we come closer to the end of the celebrations of the 150th birth anniversary of Mahatma Gandhi. We will be reaching to principals, teachers, students and parents through this orientation course. The course was put together by Dr Vedabhyas Kundu, Programme Officer, Gandhi Smriti and Darshan Samiti.

Over the years, the Samiti has initiated several landmark programmes to reach all sections of the society. An important intervention has been regular workshops with judicial officers, lawyers and prosecutors on integrating Gandhian nonviolent communication for meaningful interaction between the Bar and the Bench.

In continuation to this programme, the Samiti has initiated programmes on nonviolent conflict resolution and nonviolent communication for police, home guards, teachers and students.

The Samiti sincerely hopes that the course will help the participants get a grasp of the essence of nonviolent communication, its elements and how it can be used in our daily lives. We wish all participants a meaningful experience with the course.

(Dipankar Shri Gyan)

“अहिंसा का विज्ञान ही शुद्ध लोकतंत्र की ओर ले जा सकता है”