



CBSE/DIR(ACAD)/2019

Date : September 27, 2019  
Circular No. Acad-56/2019

All the Heads of Schools affiliated to CBSE

**Subject: FIT INDIA Plogging Run on 2<sup>nd</sup> October 2019 – regarding**

The Fit India Movement has been launched by the Hon'ble Prime Minister on 29<sup>th</sup> August, 2019. FIT INDIA Movement involves behavioral change, which is possible by making it a people's movement wherein every citizen gives time to himself for being physically active and fit. This requires partners from across various fields to organize FIT INDIA Plogging event voluntarily across the country.

The Nation is celebrating 150<sup>th</sup> Birth Anniversary of Mahatma Gandhi. Organizing FIT INDIA Plogging Run on 2<sup>nd</sup> October 2019 at as many places as possible would be a befitting tribute to the Father of the Nation. The participants would collect plastic garbage while running. The plastic garbage could be collected from homes, streets and open spaces along the path of the Run.

The schools are requested to register themselves on the FIT INDIA portal [www.fitindia.gov.in](http://www.fitindia.gov.in) and organize FIT INDIA Plogging Run to promote the habit of fitness and cleanliness in all the citizens.

The complete guidelines are available at [www.fitindia.gov.in](http://www.fitindia.gov.in)

  
(Dr. Joseph Emmanuel)  
Director (Academics)

Copy to the respective Heads of Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18-Institutional Area, Shaheed Jeet Singh Marg, New Delhi-16
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309
3. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110 054
4. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160 017
5. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim –737101



6. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar –791 111
7. The Director of Education, Govt. of A&N Islands, Port Blair – 744101
8. The Director of Education, S.I.E., CBSE Cell, VIP Road, Junglee Ghat, P.O. 744103, A&N Island
9. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sector 3, Rohini
10. The Additional Director General of Army Education, A – Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
11. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRS Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
12. The Under Secretary (EE-1), MHRD, Govt. of India, Department of SE&L, Shastri Bhawan, New Delhi-01
13. All Regional Directors/Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions
14. All Joint Secretaries/ Deputy Secretaries/ Assistant Secretaries/ Analysts (Academic, Training and Vocational Unit), CBSE
15. In charge IT Unit with the request to put this circular on the CBSE Academic website
16. The Senior Public Relations Officer, CBSE
17. PPS to Chairperson, CBSE
18. SPS to Secretary, CBSE
19. SPS to Director (EDUSAT, Research and Development), CBSE
20. SPS to Director (Information Technology), CBSE
21. SPS to Director (Academics), CBSE
22. SPS to Controller of Examinations, CBSE
23. SPS to Director (SE & T), CBSE
24. SPS to Director (Professional Exams), CBSE

**Director (Academics)**