



# केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

**CENTRAL BOARD OF SECONDARY EDUCATION**

(An Autonomous Organisation Under the Ministry of Education, Govt. of India)



**CBSE/ACAD/AP&AD(AC)/2026**

**Date: 18.03.2026**

**Circular No: Acad-12/2026**

**All the Heads of Schools affiliated to CBSE**

**Subject: Compliance with directions of the Hon'ble Supreme Court regarding Menstrual Hygiene Management (MHM) in Schools – reg.**

The Ministry of Education has forwarded a copy of the Hon'ble Supreme Court's judgement dated 20<sup>th</sup> January 2026, wherein the Court has recognized the right to dignified menstrual health as an integral facet of Article 21 of the Constitution, emphasizing that access to Menstrual Hygiene Management (MHM) is essential for ensuring the right to education and equality of opportunity for adolescent girls.

In the said judgement, the Hon'ble Court has issued a continuing mandamus for the mandatory implementation of the following directions and guidelines in all schools across States/UTs.

In this regard, all CBSE affiliated schools are requested to ensure compliance with the following directions:

- 1. Infrastructure:** Schools shall ensure the availability of adequate, safe and hygienic separate toilet and washing facilities for girls.
- 2. Availability** of biodegradable sanitary napkins & MHM corners for girls.
- 3. Waste Management:** Proper disposal of sanitary waste.
- 4. Awareness:** Schools shall conduct training regarding menstrual health and puberty for students. Schools may also integrate gender-sensitive discussions in line with NCERT/SCERT guidelines and encourage a supportive school environment.
- 5. Periodic inspections:** Schools shall cooperate with periodic inspections by District Education Officers to monitor implementation of the above measures.

You are requested to ensure compliance with the above-mentioned directions. Further, schools may submit the compliance report separately Month wise latest by **31<sup>st</sup> March, 2026 and 30<sup>th</sup> April, 2026** respectively in the google link: <https://forms.gle/BD1F3c1N8GFMarGA>

With best wishes!

**(Dr. Praggya M. Singh)**  
**Professor & Director (Academics)**

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**Copy to the respective Heads of Directorates, Organisations and Institutions with a request to disseminate the information to all the schools under their jurisdiction:**

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shaheed Jeet Singh Marg, New Delhi-16
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309
3. The Secretary, Eklavya Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India.
4. The Secretary, Sainik Schools Society, Room No. 101, D-1 Wing, Sena Bhawan, New Delhi-110001
5. The Chairman, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Near Doordarshan Kendra, PO Sainik School Nayapalli, Bhubaneswar, Odisha-751005
6. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110054
7. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017
8. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim –737101
9. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar –791111
10. The Director of Education, Govt. of A&N Islands, Port Blair – 744101
11. The Director of School Education, Ladakh, Room No.101-102, Ground Floor, Council Secretariat, Kurbathang, Kargil – Ladakh
12. The Director of School Education, Andhra Pradesh, 3<sup>rd</sup> Floor, B block, Anjaneya Towers, VTPS Rd, Bhimaraju Gutta, Ibrahimpatnam, Andhra Pradesh – 521 456
13. The Director, Jharkhand Education Project Council, Old HEC High School, JSCA Stadium Road, Jagannathpur, Sector-III, Dhurwa, Ranchi-834004 (Jharkhand)
14. Navy Education Society, Dte of Naval Education, Naval Headquarters, Ministry of Defence, West Block-V, RK Puram, New Delhi-110066
15. The Additional Director General of Army Education, A –Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
16. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
17. DS to Chairperson, CBSE
18. Secretary/ Controller of Examinations/ All Directors, CBSE
19. All Regional Directors/ Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions
20. All Joint Secretary/ Deputy Secretary/ PPS/SPS/Under Secretary/ Assistant Secretary, CBSE
21. All Head(s)/ In-Charge(s), Centre of Excellence, CBSE
22. In charge IT Unit with the request to put this Circular on the CBSE Academic Website
23. In-Charge, Library
24. Record File

**Professor & Director (Academics)**

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