## **CBSE | DEPARTMENT OF SKILL EDUCATION**

#### BEAUTY & WELLNESS (SUBJECT CODE-407)

# Marking Scheme for Sample Question Paper Class X (Session 2020-2021)

Max. Time: 2 Hours Max. Marks: 50

#### **General Instructions:**

- 1. Please read the instructions carefully.
- 2. This Question Paper consists of 21 questions in two sections: Section A & Section B.
- **3.** Section A has Objective type questions whereas Section B contains Subjective type questions.
- 4. Out of the given (5 + 16 =) 21 questions, you have to answer (5 + 10 =) 15 questions in the allotted (maximum) time of 2 hours.
- **5.** All questions of a particular part/section must be attempted in the correct order.
- 6. SECTION A OBJECTIVE TYPE QUESTIONS (30 QUESTIONS; 24 MARKS):
  - Each question carries 1 mark.
  - ii. There is no negative marking.
- 7. SECTION B SUBJECTIVE TYPE QUESTIONS (16 QUESTIONS; 26 MARKS):
  - i. This section has 16 questions in three parts viz. Part A, Part B & Part C.
  - ii. A candidate has to do 10 questions (3 questions from Part A, 4 questions from Part B and 3 questions from Part C).
  - iii. Part A has 05 questions on Employability Skills. Do any 03 questions. Answer these questions in 20 30 words each. Each question carries 2 marks. (2 x 3 = 6 Marks)
  - iv. Part B has 06 subject specific questions. Do any 04 questions. Answer these questions in 20-30 words each. Each question carries 2 marks. (2 x 4 = 8 Marks)
  - v. Part C has 05 subject specific questions. Do any 03 questions. Answer these questions in 50-80 words each. Each question carries 4 marks. (4 x 3 = 12 Marks)

## **SECTION A: OBJECTIVE TYPE QUESTIONS**

Q. 1	Answer any 4 of the given 6 questions .(1 x 4 = 4 marks)	
i.	This face is expressing	1
	1. Embarrassment	
	2. Fear	
	3. Sadness	
	4. Surprise	
	ANS 2. Fear	
ii.	Having conscious knowledge of your own self, capabilities, feelings and one's own	1
	character is called as	
	1. Self-Awareness	
	2. Self-Motivation	
	3. Self-Regulation	
	ANS 1 Self-Awareness	
iii.	At the mental level which symptoms may reflect stress	1
	1. Irritation	
	2. Impatience	
	3. loneliness	
	4. All of this	
	ANS 4 all of this	
iv.	Which button is used to reduce the window to a small icon on the taskbar?	1
	1. Minimize button	
	2. Restore Down button	
	3. Maximize button	
	ANS 1 Minimize button	
v.	Entrepreneurs need to coordinate and manage work teams	1
	1. Attitude	
	2. Leadership	
	3. Approachable,	
	ANS Leadership	
vi.	What is the factors causing ecological imbalance	1
	1. Destruction of forests	
	2. Industrialization	
	3. Urbanization	
	4. All Of These	
	ANS 4 all of these	

Q. 2	Answer any 5 of the given 6 questions (1 x 5 = 5 marks)	
i.	Which Cells is a fourth, less visible, epidermal cell.	1
	1. Merkel cell	
	2. Skin cells	
	3. Immune cells	
	ANS 1 Merkel cell	
ii.	Stratum corneum layer is also known as a	1
	1. Horny layer	
	2. Granular layer	
	3. Basal layer	
	ANS 1 horny layer	

iii.	Healthy skin requires special care to maintain its health, elasticity, vibrancy and	1
	1. Color	
	2. Pallor	
	3. Dryness	
	ANS 2 color	
iv.	What part of the skin is often referred to as TRUE SKIN	1
	1. Dermis	
	2. Epidermis	
	3. Stratum corneum	
	ANS 3 dermis	
v.	It is a balance between dry and oily skin	1
	1. Dry skin	
	2. Oily skin	
	3. Normal skin	
	ANS 3 Normal skin	
vi.	We use to remove all the impurities accumulated in the pores	1
	1. Cleansing	
	2. Toning	
	3. Moisturizing	
	ANS 1 Cleansing	

Q. 3	Answer any 5 of the given 6 questions (1 x 5 = 5 marks)	
i.	The only permanent hair removal method as it destroys the hair follicle.	1
	1.Tweezing	
	2. Waxing	
	3. Electrolysis	
	ANS 3 Electrolysis	
ii.	It is the outermost layer of the hair.	1
	1. Cortex	
	2. Cuticle	
	3. Medulla	
	ANS Cuticle	
iii.	The most common method of removing facial hair	1
	1. Bleaching	
	2. Waxing	
	3. Threading	
	ANS 3Threading	
iv.	Patch test is recommended before	1
	1. Bleaching	
	2. Waxing	
	3. Threading	
	ANS 1 Bleaching	
v.	The first stage of hair growth cycle is	1
	1. Anagen	
	2. Catagen	
	3. Telogen	
	ANS 1 Anagen	

vi.	The rest period for hair follicles is called as	1
	1. Telogen	
	2. Anagen	
	3. Catagen	
	ANS 1 Telogen	

Q. 4	Answer any 5 of the given 6 questions (1 x 5 = 5 marks)	
i.	Which pigmentation used to produce eye makeup colors?	1
	1 Pearliest Agents	
	2 Cobalt Blue	
	3 Gums	
	ANS 2 Cobalt Blue	
ii.	Work area should be:	1
	1. Clean	
	2. Tidy The	
	3. Well organized	
	4. All of this	
	ANS 4 all of this	
iii.	It is Designed to achieve a smooth and flawless finish on face	1
	1. Face Powder Brush	
	2. Blusher Brush	
	3. Contour Brush	
	ANS 1 Face Powder Brush	
iv.	Before using it sharpen it to expose a new surface.	1
	1. Eyes and lip pencils	
	2. Lipstick	
	3. Mascara	
	ANS 1 Eyes and lip pencils	
v.	Used to define the eye area and to help accentuate the eye and lashes.	1
	1. Concealer	
	2. Foundation	
	3. Eyeliner	
	ANS 3 Eyeliner	
vi.	are used to improve or correct imperfections of the skin.	1
	1. face powder	
	2. Concealer	
	3. Foundation	
	ANS 2 Concealer	

Q. 5	Answer any 5 of the given 6 questions (1 x 5 = 5 marks)	
i.	Demonstrate atowards a work and other people	1
	1. Positive Attitude	
	2. Negative Attitude	
	3. Neutral Attitude	
	ANS 1 Positive Attitude	
ii.	The client'scomfort is also an important part of customer service	1
	1. Physical comfort	
	2. Mental comfort	
	3. Natural comfort	
	ANS 1 physical comfort	

iii.	Speaking on the telephone is a littleto communicating with a person face	1
	to face.	
	1. Easy	
	2. Tough	
	3. Different	
	ANS 3 Different	
iv.	Focus your On something that will help you concentrate on your	1
	communication.	
	1. Eyes	
	2. Nose	
	3. Mouth	
	ANS 1 Eyes	
v.	Ask questions tothe caller's needs	1
	1. Specify	
	2. Notify	
	3. Clarify	
	ANS 3 Clarify	
vi.	All must be written neatly and accurately	1
	1. Messages	
	2. Information	
	3. Phone Call	
	ANS 1 Messages	

## **SECTION B: SUBJECTIVE TYPE QUESTIONS**

#### PART A: SHORT ANSWER TYPE QUESTIONS ON EMPLOYABILITY SKILLS

#### Answer any 3 of the given 5 questions $(2 \times 3 = 6 \text{ marks})$

Q. 6	What is a paragraph? <b>ANS.</b> A paragraph is a series of sentences that are organized and coherent, and are all related to a single topic.	2
Q. 7	What is the Meaning of Stress Management?  ANS. Stress Management refers to focusing human efforts for maintaining a healthy body and mind capable of better withstanding stressful situations	2
Q. 8	What is ward processor? <b>ANS.</b> A word processor is software that helps you type and work with text on a computer. You can create a document like, letter, memo, newsletter and save it in word processor	2
Q. 9	What do you mean by business plan? <b>ANS.</b> A business plan is a formal statement of a set of business goals, the reasons they are believed attainable, and the plan for reaching those goals.	2
Q. 10	What is the effects of Environmental pollution? <b>ANS.</b> Environmental pollution affects millions worldwide In some of the world's worst polluted places, babies are born with birth defects, children have lost 30 to 40 IQ points, and life expectancy may be as low as 45 years because of cancers and other diseases	2

### PART B: SHORT ANSWER TYPE SUBJECT SPECIFIC QUESTIONS

## Answer any 4 of the given 6 questions (2 $\times$ 4 = 8 marks)

Q. 11	Melanocytes are found in the basal layer of the epidermis.	
	ANS. These cells produce a pigment called melanin, which is responsible for	
	different skin colour. Melanin is packaged into	
	small parcels (or melanosomes), which are then transferred to keratinocytes	
Q. 12	Write short note on Catagen	2
	ANS. The next phase of the hair growth cycle is called as 'Catagen'. During this	
	cycle, hair follicle undergoes a period of change and do not grow. This phase lasts	
	for about 2 weeks. New cells are formed. At any time only about 1% of follicles are	
	in the Catagen stage.	
Q. 13	Write down the Preparation of waxing	2
	ANS.	
	1. Position the client according to the area being waxed, taking into account the	
	mobility and comfort of the client.	
	2. Protect the client's clothes with towels and disposable paper.	
	3. When waxing the eye brows, you may apply eye pads to protect the eyes and	
	petroleum jelly to control the amount of hair being removed.	
	4. Remove all Jewellery in the areas to be waxed.	
Q. 14	Write down the use of Eyeliner brush	2
	ANS. This allows eyeliner to be applied deep into the lash line for a richer and more	
	distinct eye. Gently brush upwards to soften and blend the line for a Smokey eye	
Q. 15	Write down the types of foundation available in the market	2
	ANS.	
	o Powder crème foundation	
	o Crème compact foundation	
	o Liquid foundations	
	o Gels	
	o Tinted moisturizers	
	o Mouse foundation	
Q. 16	What should you have to remember while speaking on phone	2
Q. 10	When you are speaking on the telephone	
	ANS.	
	Speak clearly	
	Speak directly into the mouthpiece	
	If you are sitting, don't slump, your posture can affect your voice	
	Be efficient but friendly and smile	
1		

## PART C: DESCRIPTIVE/ LONG ANSWER TYPE SUBJECT SPECIFIC QUESTIONS

## Answer any 3 of the given 5 questions $(4 \times 3 = 12 \text{ marks})$

Q. 17	Write short note on Langerhans cells and explain why is anatomy and physiology	4
	important in cosmetology?	
	ANS. Langerhans cells are immune cells found in the epidermis and are responsible	
	for helping the body learn and later recognize new 'allergens' (material foreign to	
	the body).	
	Langerhans cells break the allergen into smaller pieces then migrate from the	
	epidermis into the dermis. They find their way to lymphatic and blood vessels	
	before eventually reaching the lymph nodes. Here they present the allergen to	
	immune cells called lymphocytes. Once the allergen is successfully 'presented', the	
	lymphocytes initiate a sequence of events to (1) initiate an immune reaction to	
	destroy the material, and (2) stimulate proliferation of more lymphocytes that	
	recognize and remember the allergen in the future.	
	Cosmetologists should study and have a thorough understanding of anatomy and	
	physiology because: Understanding how the human body functions as an integrated	
	, , , ,	
	whole is a key component in understanding how a client's hair, skin, and nails may	
	react to various treatments and services.	
Q. 18	What is the benefits of threading	4
Q. 10	ANS. Benefits of threading	•
	_	
	The following are the benefits of threading.	
	o Less painful.	
	<ul> <li>Less time- consuming.</li> </ul>	
	<ul> <li>Threading is quicker as more hair is removed in each go</li> </ul>	
	<ul> <li>Suitable for more skin types.</li> </ul>	
	<ul> <li>No harmful chemicals are required.</li> </ul>	
	<ul> <li>Precise and perfect for a smooth, completely hairs free look.</li> </ul>	
	<ul> <li>Hair grows back finer and slower when threading has been used.</li> </ul>	
	Suitable for short hair, long hair, fine and coarse hair.	
Q. 19	Write down the procedure of bleaching	4
	ANS. Bleaching Procedure	
	The following procedure is recommended for the bleaching treatment.	
	Step 1: Collect required information such as the age of the client, condition, time	
	gap etc.	
	Step 2: Offer a comfortable chair to the client.	
	Step 3: Wrap a headband and cover clothes with a large towel.	
	Step 4: Apply and spread cleansing milk all over the face and neck.	
	Step 5: Massage neck and face in upward and outward direction with moist cotton.	
	Step 6: Prepare the paste required for bleaching.	
	<ul> <li>Two to three spatula of bleach cream.</li> </ul>	
	<ul> <li>Two to three granules of Ammonia.</li> </ul>	
	Blend well.	
	Step 7: Apply the paste to the upper lip first and then to the rest of the face.	
	Step 8: Place eye pads to protect the eyes from watering.	
	Step 9: Wait 5-7 minutes for the bleach to process.	
	Step 10: Remove little bleach from few spots and observe for the colour of the hair.	

Step 12: Again check for the effectiveness of the bleach as per step 10.  Step 13: Remove bleach with a spatula from all over the face and neck.  Step 14: Using an ice cube, rub all over the face and neck for relevation	
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Step 14: Using an ice cube, rub all over the face and neck for relaxation.	
Step 15: Apply moisturizer/sunscreen lotion /Oil.	
Step 16: Lay a thin layer of Lacto calamine	
Write down the procedure of cleaning makeup brushes	4
ANS. Clean brush as per standard procedure.	
Materials Required:	
o Brush	
<ul> <li>Soapy water</li> </ul>	
Step by Step Procedure:	
Step 1: To be cleaned in hot soapy water and worked into the fibres.	
Step 2: Rinse under running water.	
Step 3: Finally clean in an alcohol solution or suitable brush cleaner.	
Step 4: Dry brushes as per procedure recommended by the manufacturer.	
What are the bad effects of Gutka?	4
ANS. Each sachet contains 4000 chemicals, including 50 that cause cancer like betal	
nut, tobacco, and flavoring.	
<ul><li>Impact of Gutka on health:</li></ul>	
<ul> <li>Loss of sensation in tongue</li> </ul>	
<ul> <li>Disfigured mouth</li> </ul>	
<ul> <li>Increased sensitivity to heat, cold and spices</li> </ul>	
<ul> <li>Inability to open the mouth</li> </ul>	
<ul> <li>Swelling, lumps, rough spots on gums or in other places inside the mouth</li> </ul>	l
<ul> <li>Unexplained bleeding in mouth</li> </ul>	
	Step 16: Lay a thin layer of Lacto calamine  Write down the procedure of cleaning makeup brushes  ANS. Clean brush as per standard procedure.  Materials Required:  Brush Soapy water  Step by Step Procedure:  Step 1: To be cleaned in hot soapy water and worked into the fibres.  Step 2: Rinse under running water.  Step 3: Finally clean in an alcohol solution or suitable brush cleaner.  Step 4: Dry brushes as per procedure recommended by the manufacturer.  What are the bad effects of Gutka?  ANS. Each sachet contains 4000 chemicals, including 50 that cause cancer like betal nut, tobacco, and flavoring.  Impact of Gutka on health:  Loss of sensation in tongue  Disfigured mouth  Increased sensitivity to heat, cold and spices  Inability to open the mouth  Swelling, lumps, rough spots on gums or in other places inside the mouth  Unexplained bleeding in mouth