### **CBSE | DEPARTMENT OF SKILL EDUCATION**

#### PHYSICAL ACTIVITY TRAINER (SUBJECT CODE 418)

## CLASS X (SESSION 2021-2022) MARKING SCHEME FOR TERM - II

Max. Time Allowed: 1 Hour (60 min) Max. Marks: 25

#### **SECTION A**

(3 + 2 = 5 marks)

Answe	r any 3 questions out of the given 4 questions. Each question is of mark.	1 x 3 = 3
Q.1	Shrey and Aanya both own bakeries, while Shrey just handles the customers who come to his bakery, Aanya also runs an online store and manages the deliveries. Since, both own the same kind of shop who would u categories as a businessperson and as an entrepreneur based on their efforts for the bakery?  Answer: Shrey- Businessman Aanya- Entrepreneur	1
Q.2	Shanaya runs a new online service where people are available for all kinds of maintenance job. Mention 2 ways of how she can flourish her business.  Answer:  1. Fulfill customer needs on time 2. Use local good quality material 3. Hire more people according to job needs 4. Lower the price of their services 5. Give offers (1/2 mark each for any two)	1
Q.3	What would you call the kind of development where future and present needs are ensured simultaneously?  Answer- Sustainable Development	1
Q.4	The issues of poverty, gender equality, water use, energy, climate change and biodiversity are taken care of under which worldwide summit as a goal for sustainable development and since when?  Answer- They are taken care of under United Nations Sustainable Development Summit inaugurated in New York in September 2015.	1
Answe	r any 1 question out of the given 2 questions. Each question is of mark.	2 x 1 = 2
	Explain any two functions which helps the entrepreneur to:  a. Manage the income earned.  b. Increase the sale of their product.	
Q.5	<ul> <li>Answer.</li> <li>a. DIVIDE INCOME -The entrepreneur divides the business money to many groups. He/she spends money to buy material, pays rent of the building and salaries to people.</li> <li>b. MAKING DECISIONS -An entrepreneur makes decisions everyday. This includes what to produce or sell, how much and where to sell</li> <li>(1 mark each)</li> </ul>	2

	How will an educated individual help in achieving sustainable development goals?	
Q.6	Answer: Education is the most important factors for sustainable development. Children who have gone to school will be able to do jobs so that they can take care of themselves and their families. Education helps us become aware of our role as a responsible citizen.  (1 mark for paragraph)  We should:  1. use the facilities present in our areas.  2. take our friends to school.  3. help friends study.  4. stop friends from dropping out of school.	2
	(Any two for ½ mark each)	

#### **SECTION B**

(4 + 8 = 12 marks)

Answe	er any 04 questions out of the given 06 questions	1 x 4 = 4				
Q.7	Physical activity carried out under an agreed set of universal rules for competitions is known as? Ans: Sports					
Q.8	Between Games and Play, which form of activity don't follow any set of rules? Ans: Play	1				
Q.9	Planning of play is a part of Structured or Unstructured play? Ans: Structured play					
Q.10	Between permanent and portable equipment, which is preferred for multipurpose sports infrastructure? Ans: Portable equipment					
Q.11	Mention any one prop or equipment used for marking boundaries? Ans: Cone; Marker Cones; Domes; Saucer Cone;					
Q.12	The inventory management process of regular tracking of equipment procurement, availability and consumption of sports equipment is known as?  Ans: Audit					
Answe	er any 04 questions out of the given 06 questions	2 x 4 = 8				
Q.13	What is the difference between Sport and Game?  Ans: Sports has agreed set of universal rules for competition which are governed by associations, federation.  Game is recreational activity with one or more participants engaging with mutually agreed rules to play.	2				
Q.14	What are the advantages of Structured play?  Ans:  i. Encourage creativity ii. Retain interest iii. Promote sense of ownership iv. Promote communication v. Enhance learning	2				
Q.15	Identify the important factors while selecting sports equipment? Ans:	2				

	ii. Industry standards						
	iii. Sports type						
	iv. Infrastructure						
	v. Group size						
	vi. Budget						
	Enlist the names of props and equipment which can be used for movement education and						
	physical activities for children?						
	Ans:						
	i. Markers						
Q.16	ii. Cones	2					
Q.10	iii. Step Hurdles						
	iv. Agility bars						
	v. Balancing beam						
	vi. Bean bags						
	vii. Skipping ropes						
	Define the term inventor in sports?						
Q.17	Ans: Inventory in sports refers to sports goods, equipment, materials stocked with the						
	purpose of using it in the future or in a systematic manner.						
	Describe the importance of inventory management in sports ?						
	Ans:						
	i. Replace lost equipment on time						
Q.18	ii. Maintain standards & quality of goods	2					
	iii. Replenish stock on time						
	iv. Budget control						
	v. Regular monitoring of stock						
	vi. Keep track of stocks						

# **SECTION C** (2 x 4 = 8 marks) (COMPETENCY BASED QUESTIONS)

Q.19	Suggest a sample design of an audit sheet to help monthly tracking of sports inventory?  Ans:										
	S.no.	Items	Stock date	April			May				
				Un-Used	In-Service	Non- Serviceable/ Consumed	Un-Used	In-Service	Non- Serviceable/ Consumed		
	1	Football	2/3/21	20	10	2					4
	2	Tennis Rackets	5/4/21	30	15	4					
	3	Marker cones	1/1/21	100	50	10					
	4										

	Describe the important components in a lesson plan for organizing free play activities?					
	Ans:					
Q.20	i.	Aim & Objectives	4			
Q.20	ii.	Class size	4			
	iii.	Age group				
	iv.	Equipment available				
	V.	Learning outcomes				
	Explain how sports equipment and facilities can be made age appropriate?					
	Ans:					
Q.21	i.	. Change in weight	4			
	ii	i. Change in size	4			
	ii	ii. Change in shape				
	iv	v. Change in color				
	V	change in material				