

CBSE | DEPARTMENT OF SKILL EDUCATION

BEAUTY & WELLNESS (SUBJECT CODE - 407)

Blue-print for Sample Question Paper for Class X (Session 2025-2026)

Max. Time: 2 Hours

Max. Marks: 50

PART A - EMPLOYABILITY SKILLS (10 MARKS):

UNIT NO.	NAME OF THE UNIT	OBJECTIVE TYPE QUESTIONS	SHORT ANSWER TYPE QUESTIONS	TOTAL QUESTIONS
		1 MARK EACH	2 MARKS EACH	
1	Communication Skills – II	1	1	2
2	Self-Management Skills – II	1	1	2
3	Information and Communication Technology Skills – II	2	1	2
4	Entrepreneurial Skills – II	1	1	2
5	Green Skills - II	1	1	2
TOTAL QUESTIONS		6	5	11
NO. OF QUESTIONS TO BE ANSWERED		Any 4	Any 3	07
TOTAL MARKS		1 x 4 = 4	2 x 3 = 6	10 MARKS

PART B - SUBJECT SPECIFIC SKILLS (40 MARKS):

UNIT NO.	NAME OF THE UNIT	OBJECTIVE TYPE QUESTIONS	SHORT ANSWER TYPE QUESTIONS	DESCRIPTIVE/ LONG ANS. TYPE QUESTIONS	TOTAL QUESTIONS
		1 MARK EACH	2 MARKS EACH	4 MARKS EACH	
1	BASIC SKIN CARE SERVICES	6	1	1	8
2	BASIC DEPILATION SERVICES	6	2	2	10
3	MAKEUP SERVICES	6	2	1	9
4	CREATING POSITIVE IMPRESSION AT WORK PLACE	6	1	1	8
TOTAL QUESTIONS		24	6	5	35
NO. OF QUESTIONS TO BE ANSWERED		20	Any 4	Any 3	27
TOTAL MARKS		1 x 20 = 20	2 x 4 = 8	4 x 3 = 12	40 MARKS

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Sample Question Paper for Class X (Session 2025-2026)

Max. Time: 2 Hours

Max. Marks: 50

General Instructions:

1. Please read the instructions carefully.
2. This Question Paper consists of **21 questions** in two sections: Section A & Section B.
3. Section A has Objective type questions whereas Section B contains Subjective type questions.
4. **Out of the given (5 + 16 =) 21 questions, a candidate has to answer (5 + 10 =) 15 questions in the allotted (maximum) time of 2 hours.**
5. All questions of a particular section must be attempted in the correct order.
6. **SECTION A - OBJECTIVE TYPE QUESTIONS (24 MARKS):**
 - i. This section has 05 questions.
 - ii. Marks allotted are mentioned against each question/part.
 - iii. There is no negative marking.
 - iv. Do as per the instructions given.
7. **SECTION B – SUBJECTIVE TYPE QUESTIONS (26 MARKS):**
 - i. This section has 16 questions.
 - ii. A candidate has to do 10 questions.
 - iii. Do as per the instructions given.
 - iv. Marks allotted are mentioned against each question/part.

BEAUTY AND WELLNESS (407) SQP 2025-2026

Q1	Answer any 4 out of the given 6 questions on Employability Skills (1 x 4 = 4 marks)	
i.	_____ are group of words that work together to communicate an element of speech. a) Verb b) Phrases c) Sentences d) Adverb	1
ii	_____ refers to focusing human efforts for maintaining healthy body and mind. a) Stress- management b) Self-management c) Self- regulation d) Self-motivation	1
iii	_____ is a sign of mental stress. a. Narcissistic b. Egoist c. Extrovert d. Depression	1
iv	_____ is a shortcut key used to undo an action. a. Answer Shift +End b. Shift + Ctrl + Home c. Ctrl + A d. Ctrl+Z	1
v	_____ makes Entrepreneurship successful. a) Independence b) Finance c) Location d) profession	1
vi	_____ includes all living and non-living things. a) Consumable sources b) Nonrenewable sources c) Ecosystem d) None of the above	1
Q2	Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)	
i	_____ is performed to remove all the impurities. a) Toning b) Moisturizing c) Scrubbing d) Cleansing	1
ii	_____ is layer of skin has glands. a) Dermis b) Epidermis c) Subcutis	1

	d) Papillary	
iii	_____ is the result of clogging of sebaceous glands. a) Dry skin b) Combination skin c) Ageing skin d) Oily skin	1
iv	_____ is the study of the functions of the body parts. a. Dermatology b. Trichology c. Anatomy d. Physiology	1
v	_____ cells are present in the epidermis layer in abundance. a) Keratinocytes b) Fibroblast c) Mast cells d) Stem cells	1
vi	_____ is synthesized in the skin in the presence of sunlight. a. Vitamin A b. Vitamin B c. Vitamin C d. Vitamin D	1
Q3	Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)	
i	It is always recommended to perform _____ before bleaching procedure. a) Threading b) Facial c) Patch test d) Tweezing	1
ii	After bleaching, the facial hair appears pale _____. a) White b) Golden c) Yellow d) Both a) & c)	1
iii	An average, hair grows _____ per month. a) 1.25 cm (½ inch) b) 1.50 cm c) 1.00 cm d) 2.00 cm	1
iv	Length of the thread should be between _____ inches for threading. a) 28-34 inches b) 12-16 inches c) 18-22 inches d) 24-30 inches	1

v	Wax should be applied in the _____ direction. a. Hair growth direction b. Opposite direction c. Any direction d. Both b) & c)	1
vi	Client should take bubble bath immediately after waxing. a. Yes b. No c. Sometimes d. Always	1
Q4	Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)	
i	Analysis of skin is important to decide _____. a) The product to be used b) Duration of the treatment c) Jewelry to be worn d) Accessories to be used	1
ii	_____ Color concealer should be applied to cover under eye dark circles. a. Orange b. Blue c. Orange d. Green	1
iii	_____ pigment is used to produce eye makeup colors. a. Cobalt Blue b. Pearlized Agents c. Gums d. Resin	1
iv	_____ is used to give shape to the lips. a) Lip pencil b) Lip gloss c) Lipstick d) Liner	1
v	The shade of foundation should be selected by trying on _____ a) Wrist b) Forehead c) Neck d) Jawline.	1
vi	Stick foundation is good for _____ skin type. a) Dry b) Ageing c) Sensitive d) Oily	1

Q5	Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)	
i	Each sachet of Gutka contains _____ harmful chemicals. a) 500 b) 1000 c) 1500 d) 4000	1
ii	III- effect of alcoholism are _____ a. Heart diseases b. Liver infection c. Hair fall d. Both a&b	1
iii	Team spirit can be lost if _____. a) Treat others you wish to be treated b) Being responsible. c) Being polite and professional d) Team members are not flexible	1
iv	To create a positive impression you must ensure that _____. a) Reception desk is always tidy. b) Flowers are replaced at least once a week. c) Current magazines are available for the customer. d) All above	1
v	Which type of makeup should be worn by receptionist? a) Natural Makeup b) Evening makeup c) Glittery makeup d) Bridal makeup	1
vi	Accurate message taking is very simple in salon and should include _____. a) Name of the person the message is for b) Date of birth c) Anniversary d) House number	1

SECTION B: SUBJECTIVE TYPE QUESTIONS

PART A- SHORT ANSWER TYPE QUESTION

Answer any 3 out of the given 5 questions on Employability Skills (2 x 3 = 6 marks)
Answer each question in 20 – 30 words.

Q.6	Define communication.	2
Q.7	Define stress.	2
Q.8	What is word processor?	2
Q.9	What makes entrepreneur successful?	2

Q.10	Name the importance of green economy.	2

PART B- SHORT ANSWER TYPE SUBJECT SPECIFIC QUESTION

Answer any 4 out of the given 6 questions in 20 – 30 words each (2 x 4 = 8 marks)		
Q.11	What is the main function of Langerhans cell in the body?	2
Q.12	Write down the advantages and disadvantages of bleaching.	2
Q.13	Differentiate between anagen and catagen phases of hair growth cycle.	2
Q.14	How to categorize three groups of eye shadow and eyeliner? Answer:	2
Q.15	Describe the correct method of selecting foundation shade.	2
Q.16	How body language plays an important factor during telephonic communication?	2

PART C- DESCRIPTIVE/ LONG ANSWER TYPE SUBJECT SPECIFIC QUESTION

Answer any 3 out of the given 5 questions in 50– 80 words each (4 x 3 = 12 marks)		
Q.17	Explain the characteristics of oily and Sensitive skin type.	4
Q.18	Describe the guidelines to be followed while preparing the work area for waxing.	4
Q.19	What after care advice should be given to client after waxing.	4
Q.20	Explain the guidelines that should be followed by beauty therapist while preparing the work area.	4
Q.21	Elaborate any three bad habits from which any beauty therapist must stay away.	4