

CBSE | DEPARTMENT OF SKILL EDUCATION

BEAUTY AND WELLNESS (Subject Code - 807)

MARKING SCHEME FOR CLASS XI (SESSION 2025-2026)

Max. Time: 3 Hours

Max. Marks: 60

General Instructions:

1. Please read the instructions very carefully.
2. This Question paper consists of 24 questions in two sections- Section A & Section B.
3. Section A has Objective type questions whereas Section B contains Subjective type questions.
4. Out of the given (6+8=24) questions, a candidate has to answer (6+11=17) questions in the allotted (maximum) time of 3 hours.
5. All the questions of a particular section must be attempt in the correct order.

6. SECTION A- OBJECTIVE TYPE QUESTIONS (30 MARKS):

- i) This section has 06 questions.
- ii) There is no negative marking.
- iii) Do as per the given instructions.
- iv) Marks allotted are mentioned against each question/ part.

7. SECTION B- SUBJECTIVE TYPE QUESTIONS (30 MARKS):

- i) This section contains 18 questions.
- ii) A candidate has to do 11 questions.
- iii) Do as per the instructions given.
- iv) Marks allotted are mentioned against each question/part.

SECTION A- OBJECTIVE TYPE QUESTIONS

Q. NO.	QUESTIONS	Source material (NCERT/ CBSE Study Material)	Unit/ Chapter No.	Page no. Of the source material	Marks
Q.1	Answer any 4 out of the given 6 questions on Employability Skills (1x 4=4 marks)				
i.	Communicating with the help of body parts is called? Ans: Body language	NCERT	1	12	1
ii.	Define Team work. Ans: The ability of people to work together.	NCERT	2	50	1
iii.	Write the meaning of Networking Skills. Ans: Building connections with others to help your career development.	NCERT	2	52	1

iv.	Reeta uses a application software to create document, Name? Ans: Word Processor	NCERT	3	64	1
v.	Write the values of Entrepreneur. Ans: 1. Risk Taking 2. Planning	NCERT	4	72	1
vi.	Give any 2 examples of Green Projects by the Government. Ans. 1. Swachh Cooperative 2. DEEP Chulha Society	NCERT	5	99	1
Q.2	Answer any 5 out of given 7 questions (1x5=5 marks)				
i.	Which segment includes skin, hair and nail care service? Ans. Beauty center and hair salons	CBSE	Unit 1	8	1
ii.	Name the method of killing the microorganisms with the help of steam. Ans. Autoclaving	CBSE	Unit 1	15	1
iii.	Name the equipments which needs to be sterilised. (any 2) Ans. Tweezers, pumice stones, metal scrapper	CBSE	Unit 1	16	1
iv.	What are the three important elements for the fire to ignite? Ans. Heat, oxygen, fuel	CBSE	Unit 1	22	1
v.	Name the things include in PPE. Ans. Apron, gloves, headcover, shoes, mask	CBSE	Unit 1	34	1
vi.	Name the last/lower layer of the Epidermis. Ans. Basal layer	CBSE	Unit 2	46	1
vii.	Name the factor which makes the aging process even worse. Ans. Bone loss	CBSE	Unit 2	56	1
Q.3	Answer any 6 out of the given 7 questions (1x 6=6 marks)				
i.	Write any 3 major sub segments of beauty sector. Ans. 1. Fitness 2. Hair salons 3. Slimming 4. Rejuvenation	CBSE	Unit 1	8	1
ii.	List the career paths under skincare services. (any 3) Ans. 1. Aesthetician 2. Beauty manager 3. Beauty advisor 4. Skincare trainer	CBSE	Unit 1	9	1

iii.	What kind of services does beauty therapy includes? Name any 4 Ans. 1. Waxing 2. Threading 3. Manicure & Pedicure Makeup	CBSE	Unit 1	10	1
iv.	State any 2 compliance and rules for the salon. Ans. 1. A full list of employees should be kept 2. Client records should be up to date 3. Appropriate waste containers availability	CBSE	Unit 1	20	1
v.	What should be the first line of defense at the time of emergency? Ans. Escaping	CBSE	Unit 1	24	1
vi.	Which chemical can be found in nail polish? Ans. 1. Dibutyl phthalate 2. Toluene	CBSE	Unit 1	27	1
vii.	Name the product which contains STYRENE. Ans. 1. Hair extension glue 2. Lace wig glue	CBSE	Unit 1	28	1
Q.4	Answer any 5 out of the given 6 questions (1x5=5 marks)				
i.	On what basis are the types of fire distinguished? Ans. The classification is based on fuels	CBSE	Unit 1	21	1
ii.	Which muscle is responsible for the goosebumps appearing on the skin in response to cold? Ans. Arrector pili muscle	CBSE	Unit 2	47	1
iii.	What are the things that can be used for deep cleansing? Ans. Cleansing milk, cleansing lotion	CBSE	Unit 2	52	1
iv.	What delays the formation of wrinkles? Ans. Moisturisers	CBSE	Unit 2	53	1
v.	What kind of glow does normal skin has? Ans. Translucent	CBSE	Unit 2	54	1
vi.	What are the properties of cream masks? Ans. Emollient softening properties	CBSE	Unit 2	58	1
Q.5	Answer any 5 out of the given 6 questions (1x5=5 marks)				
i.	Top of the skull is covered by which muscles? Ans. Epicranius or occipitofrontalis	CBSE	Unit 2	64	1
ii.	What triggers Class A fire? Ans. Wood, paper, cloth, trash and plastic	CBSE	Unit 1	22	1
iii.	What is Physiology? Ans. It is the study of the function of the body parts and the body as a whole.	CBSE	Unit 2	45	1

iv.	What does NMF stands for? Ans. Normalizing moisturizing factor	CBSE	Unit 2	53	1
v.	Write two characteristics of oily skin. Ans. 1. Tendency to develop open pores 2. Less visible wrinkles	CBSE	Unit 2	55	1
vi.	The area between nail plate and the fingertip is known as? Ans. Hyponychium	CBSE	Unit 3	89	1
Q.6	Answer any 5 out of the given 6 questions (1x5=5 marks)				
i.	Skin warming is commonly known as? Ans. Facial steaming/ steaming	CBSE	Unit 2	62	1
ii.	List any 3 most common body movements. Ans. 1. Flexion 2. Adduction 3. Abduction 4. Supine	CBSE	Unit 2	66	1
iii.	What is the name of colour pigment? Ans. Melanin	CBSE	Unit 2	68	1
iv.	Define the term manicure. Ans. A treatment to make hands and nails look attractive	CBSE	Unit 3	97	1
v.	What is germinal matrix? Ans. The root of the fingernail	CBSE	Unit 3	126	1
vi.	Langerhans cells are also known as? Ans. Immune cells	CBSE	Unit 2	46	1

SECTION B: SUBJECTIVE TYPE QUESTIONS

Q. NO.	QUESTION	Source material (NCERT/ CBSE Study material)	Unit/ chapter No.	Page no. Of the source material	Marks
Answer any 3 out of the given 5 questions on Employability skills in 20-30 words each (2x3=6marks)					
Q.7	Write the types of interjections and pronoun. Ans: 1. Interjections reflect strong emotions and exclamation mark is used at the end. Ex. Wow!, Oh! 2. Pronoun are used at the place of noun. Ex. I, They, He, You	NCERT	1	16	2
Q.8	List the qualities of a good leader. Ans: A good leader should have the following qualities: 1. Cooperation 2. Determination 3. Honest 4. Confidant	NCERT	2	50	2
Q.9	How to insert page number in a document? Ans: 1. Click Insert in menu and click on Field. 2. Then Click Page Number in drop down. 3. Now insert page number as per need.	NCERT	3	85	2
Q.10	Priya has started a new business in IT industry. Suggest her how customer feedback is important for the success of her business. Ans: 1. Helps to measure customer satisfaction. 2. Collecting customer feedback shows you value their opinion. 3. Create stronger relations with them. 4. They feel more attached.	NCERT	4	92	2
Q.11	How forestry is helpful to control imbalance of environment? Ans: By using four principles like Reduce, Reuse, Recycle, Recreate.	NCERT	4	98	2
Answer any 3 out of the given 5 questions in 20-30 words each (2x3=6 marks)					
Q.12	Shortly elaborate the needs of face/skin masks. Ans. They are like a treat for the skin as they penetrate deep in layers of the skin where a moisturizer fails to reach. They rejuvenate the skin by moisturising, detoxifying and replenishing effects. Different types of masks are used for the different type of skins.	CBSE	2	57	2

Q.13	What are the risks at the work place? Ans. Tripping over the wires/leads on the floor and falling. • Electric shock • Infection from unsterilised tools • Burns from heating rods and hot water	CBSE	1	31	2
Q.14	Briefly explain the parlour hygiene. Ans. 1. Use an antibacterial soap to clean the hands. 2. Use clean sheets for covering the surfaces. 3. Tools and instruments should be disinfected before and after every use. 4. Make sure nothing spills or drops on the floor if does than mop immediately.	CBSE	1	32	2
Q.15	Epidermis has three main types of cell. Write their name. Ans. • Keratinocytes • Melanocytes • Langerhans cells	CBSE	2	45	2
Q.16	Define Dermis. Ans. It is middle layers of the skin. It is a fibrous connective tissue or supportive layer of the skin. Hair follicles and sweat glands are also present in this layer.	CBSE	2	48	2
Answer any 2 out of the given 3 questions in 30-50 words each (3x2=6 marks)					
Q.17	Write a short note on skin care techniques. Ans. Three important techniques of the skin care are: 1. Cleansing: It is performed to remove all the impurities accumulated in the pores. Cleansing milk can be used for the deep cleansing. 2. Application of toner and skin fresheners: Traces of the grease on the skin are removed with the help of toners. Toner and freshener are used as finishing agents for cleansing. 3. Moisturizer: These are used to keep the skin soft and supple. They helps in delaying the wrinkle formation as well.	CBSE	2	52	3

Q.18	Describe the stages of the cycle of hair. Ans. 1. Anagen: The hair follicle is active and the hair is growing continuously. 2. Catagen: During this cycle hair follicle undergoes a period of change and do not grow. This phase lasts for 2 weeks. 3. Telogen: This is the period of rest for hair follicles. This stage lasts for 3-4 months. 4. Exogen: After the resting period, follicle begin to lengthen.	CBSE	4	133	3
Q.19	Write a short note on sterilisation and disinfection methods. Ans. High standards of cleanliness and hygiene are utterly important in the work area. Cleaning just removes the dirt and dust. It is done before sterilisation and disinfection. Disinfection which kills bacteria, virus, and fungi. Sterilisation destroys all the microorganisms and is accomplished using an autoclave. Only the tools madeup of metal can be autoclave. Sanitising also destroys germs completely. It is done by using heat and chemical.	CBSE	1	15	3
Answer any 3 out of the given 5 questions in 50-80 words each (4x3=12 marks)					
Q.20	How to perform skin analysis? Ans. 1. Protect the eyes from the magnifying lamp using eye pads. 2. Using the magnifying lamp, study the skin of the face and neck. 3. Slightly stretch small section of the skin using middle and index fingers. 4. Observe skin texture and size of pores and other problems/ details using the magnifying glass.	CBSE	2	52	4
Q.21	Explain the after care advices for the manicured hands. Ans. 1. Wear protective gloves while doing household work like dishes. 2. Dry hands properly after washing them. 3. Hand cream should be used regularly to keep the skin soft and protected. 4. To prevent staining use base coat before any nailpolish. 5. Use acetone free nail polish remover. 6. Avoid metal files to file the nail as	CBSE	3	121	4

	they destroy the nails. 7. Use cuticle cream/oil daily to moisturise the dry cuticles.				
Q.22	Elaborate the different type of facial hair removal procedures. Ans. 1. Wet shaving: Razor blade is used o remove the hair lathered with shaving gel. Painless, inexpensive, and exfoliation effect 2. Electric/ dry shaving: Done by electric razor which is glided over the skin. Expensive and needs to be charged from time to time, less messy and can be done anywhere and anytime 3. Epilator: Like electric razor but they don't cut the hair rather pull them out of the follicles under the skin, long lasting results, hairs grow back are finer, bit expensive, take time to pull hairs 4. Laser: Hair follicles are targeted by the laser that passes a pulsating light beam through the skin. It's not a permanent solution and leads only to hair reduction, professionals treatments can be painful but specialists may apply a topical anesthetic	CBSE	4	139	4
Q.23	Briefly describe the services which are provided by the beauty therapists. Ans. 1. Manicure & Pedicure: Treatment for grooming one's hand and feet, manicure is the treatment for improving the appearance of hand and nails, this is a treatment leads to nail growth, pushed back cuticles, preventing minor skin conditions. Whereas, pedicure helps in improving the appearance of the feet and toenails. Removes dead skin cells using pumice stone, massage, exfoliation 2. Threading: A technique of hair removal by using a cotton thread. Pulls out the hair be twisting motion which traps the hair and take it out 3. Waxing: Hair removal technique by using hot/cold wax, it is of two types- strip waxing and stripless waxing 4. Bleach: Bleaching agents which helps to lighten he tone of the skin,	CBSE	1	11	4

	generally used to lighten the facial hairs 5: Face clean up: Done for unclogging the skin pores and let the skin breathe. Slough off dead skin cells and clean the deep-seated dirt from the skin; skin is cleansed, exfoliation and moisturized 6. Make up: Process of applying cosmetics to enhance or alter the appearance, uses lipsticks, eye liner, eye shadow, kohl, lip balm, concealer, foundation, mascara, etc. 7. Hairdo: Way in which hair is styled. Hairstyle is achieved in certain way by using combs, blow dryer, few cosmetics, etc.				
Q.24	Threading techniques to suit male clients. Explain Ans. 1. Shaping the beard: done by trimming the excess or long hair and defining the edge of the beard. Electric razors, scissors or epilators can be used for the same, threading and hot wax can be used to remove random and stray hairs 2. Nose hair removal: difficult using scissor or a razor but waxing is a convenient and effective method, small amount of wax is put at the opening with the help of a stick, allowed to cool and harden and then pulled taking along the nose hair. 3. ear hair removal: hard wax is put on the are and allowed to cool and harden the pulled off. Difficult to use razor and trimmer as ear hair are fine and there is no flat surface to shave.	CBSE	4	153	4