

CBSE | DEPARTMENT OF SKILL EDUCATION

HEALTH CARE (SUBJECT CODE - 813)

Blue-print for Sample Question Paper for Class XI (Session 2025-2026)

Max. Time: 3 Hours

Max. Marks: 60

PART A - EMPLOYABILITY SKILLS (10 MARKS):

UNIT NO.	NAME OF THE UNIT	OBJECTIVE TYPE QUESTIONS	SHORT ANSWER TYPE QUESTIONS	TOTAL QUESTIONS
		1 MARK EACH	2 MARKS EACH	
1	Communication Skills-IV	1	1	2
2	Self-Management Skills-IV	2	1	3
3	Information and Communication Technology Skills-IV	1	1	2
4	Entrepreneurial Skills-IV	1	1	2
5	Green Skills-IV	1	1	2
TOTAL QUESTIONS		6	5	11
NO. OF QUESTIONS TO BE ANSWERED		Any 4	Any 3	7
TOTAL MARKS		1 x 4 = 4	2 x 3 = 6	10 MARKS

PART B - SUBJECT SPECIFIC SKILLS (50 MARKS):

UNIT NO.	NAME OF THE UNIT	OBJECTIVE TYPE QUESTIONS	SHORT ANS. TYPE QUES.- I	SHORT ANS. TYPE QUES.- II	DESCRIPTIVE/ LONG ANS. TYPE QUESTIONS	TOTAL QUESTIONS
		1 MARK EACH	2 MARKS EACH	3 MARKS EACH	4 MARKS EACH	
1	Hospital Management System	6	1	1	1	9
2	Role of General Duty Assistant for Outpatient Care	7	1	-	1	9
3	Role of General Duty Assistant for Inpatient Care	6	1	1	1	9
4	First Aid	6	1	1	1	9
5	Maintaining Safe, Healthy and Secure Environment	7	1	-	1	9
TOTAL QUESTIONS		32	5	3	5	45
NO. OF QUESTIONS TO BE ANSWERED		26	Any 3	Any 2	Any 3	34
TOTAL MARKS		1 x 26 = 26	2 x 3 = 6	3 x 2 = 6	4 x 3 = 12	50 MARKS

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Max. Time: 3 Hours

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General Instructions:

1. Please read the instructions carefully.
2. This Question Paper consists of **24 questions** in two sections – Section A & Section B.
3. Section A has Objective type questions whereas Section B contains Subjective type questions.
4. **Out of the given (6 + 18 =) 24 questions, a candidate has to answer (6 + 11 =) 17 questions in the allotted (maximum) time of 3 hours.**
5. All questions of a particular section must be attempted in the correct order.
6. **SECTION A - OBJECTIVE TYPE QUESTIONS (30 MARKS):**
 - i. This section has 06 questions.
 - ii. There is no negative marking.
 - iii. Do as per the instructions given.
 - iv. Marks allotted are mentioned against each question/part.
7. **SECTION B – SUBJECTIVE TYPE QUESTIONS (30 MARKS):**
 - i. This section contains 18 questions.
 - ii. A candidate has to do 11 questions.
 - iii. Do as per the instructions given.
 - iv. Marks allotted are mentioned against each question/part.

SECTION A: OBJECTIVE TYPE QUESTIONS

Q. 1	Answer any 4 out of the given 6 questions on Employability Skills (1 x 4 = 4 marks)	
i.	Which of the following is not among the basic principles of effective communication? (a) Concrete (b) Complete (c) Courteous (d) Corresponds	1
ii.	Ravi works hard to get the best student award at the end of the year. Identify the type of motivation is this. (a) Internal (b) External (c) Both internal and external (d) Not any specific type of motivation	1
iii.	Select the shortcut key, used to create a new document. (a) Ctrl+ c (b) Ctrl + n (c) Ctrl + m (d) Ctrl + d	1
iv.	Any business activity that is intangible, which cannot be seen and felt, but is for the benefit of a buyer is called _____. (a) Manufacturing business (b) Service Business (c) Trading Business (d) Product Business	1
v.	Which of the following actions would not help a green agriculture sector? (a) Using chemical fertilisers (b) Using organic manure (c) Growing vegetables using vermicompost (d) Buying or selling organic potatoes	1
vi.	What makes a person complete his work or studies without others cheering him? (a) Self-confidence (b) Self-motivation (c) Communication (d) Self-esteem	1

Q. 2	Answer any 5 out of the given 7 questions (1 x 5 = 5 marks)	
i.	This department of hospital has the advantage of investigation and treatment to be done without admitting patient by bringing down the cost of medical expenditure. Which department is this? (a) In patient department (b) Out patient department (c) cleaning department (d) Administration department	1
ii.	_____ hazards are caused due to same posture and movements for a long time, improper layout of workstation (e.g., computer workstation, workstation for repair of electrical gadgets, etc.), faulty chairs, tools and equipment, etc. Wrong postures also cause fatigue, back pain, and discomfort in shoulders and lower limbs. (a) Physical (b) Ergonomic (c) Psychological (d) Safety	1
iii.	The main reason for patients to use call light frequently is _____. (a) to report pain (b) to report about unusual monitor noises (c) to seek assistance in using toilets (d) All of the above	1
iv.	At the reception counter of a clinic, there is some confusion regarding the time allotted to few patients. What skills and abilities of a receptionist will help ease the confusion? (a) Communication skills (b) Politeness (c) Organization ability (d) All of the above	1

v.	The major emergencies, usually, occurring in hospitals are due to fire, security problems and _____. (a) road accidents (b) drowning (c) electrical shock (d) None of the above	1
vi.	Prevent the spread of infections. A hospital or a health care facility may follow its own policies to control infections. However, the procedures, generally, followed by and large are those recommended by the _____, a US agency that studies various pathogenic organisms, spread of contagious diseases and methods used to control the spread of infections. (a) Site for Disease Control (b) Site for Disaster Control (c) Center for Disease Control (d) Center for Disaster Control	1
vii.	_____ indicates the body's most basic functions. It gives information about the physiological and psychological health of a person. (a) Name of patient (b) Address of patient (c) Injury in patient (d) Vital Sign in Patients	1

Q. 3 Answer any 7 out of the given 6 questions (1 x 6 = 6 marks)		
i.	Skull is measured from above the eyes to the _____, where the diameter is the maximum. (a) frontal protuberance (b) occipital protuberance (c) parietal protuberance (d) lobular protuberance	1
ii.	A General Duty Assistant must be trained in fire prevention, for the use of fire alarm and to locate _____. (a) electrician (b) emergency exits (c) trees (d) None of the above	1
iii.	The organizational duties of a GDA include the following: A. Communicate to maintain good interpersonal relationships B. Service extended to internal and external customers C. Participate in performance improvement activities D. Master necessary skills and competencies E. Perform administrative support functions (a) A, B, C Only (b) A, C, D Only (c) B, C, D Only (d) C, D, E Only	1
iv.	The primary purpose of giving _____ is to sustain the life of a person before the arrival of a qualified medical expert, reduce her/his discomfort due to pain, help in early recovery and prevent her/his condition from worsening. (a) Care (b) Water (c) First Aid (d) Comfort	1
v.	How frequently should a GDA take rounds in order to reduce the frequency of call lights? (a) 6 hourly (b) 4 hourly (c) 2 hourly (d) Hourly	1
vi.	If oxygen knob is on, then _____ is prohibited. (a) sleeping (b) eating (c) smoking (d) None of the above	1
vii.	Blood pressure is measured using '_____ (a) stethoscope	1

	(b) autoscope (c) sphygmomano-meter (d) thermometer	
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Q. 4	Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)	
i.	_____ refers to the practice that reduces the number and inhibit the growth of microorganisms, especially pathogens or disease-causing bacteria. (a) Medical cleaning (b) Medical asepsis (c) Medical care (d) Medical wipe	1
ii.	_____ indicates the number of breaths (or chest movements) a person takes per minute when s/he is at rest. (a) Respiration rate (b) Heart rate (c) Blood pressure (d) Pulse rate	1
iii.	ADL in health care refer to self-care activities, which are to be performed by an individual routinely to maintain herself/himself (e.g. feeding, bathing, dressing, grooming, homemaking and leisure activities). Health professionals refer to the ability or inability to perform ADLs as an indicator of the functional status of a person, especially while referring to people with disabilities, younger children and the elderly. What is the full form of ADL? (a) Activities of Daily Layout (b) Actions of Daily Living (c) Activities of Daily Living (d) Actions of Daily Layout	1
iv.	How can GDA prevent patients from burn by hot liquids? (a) placing coffee, tea just next to body of patient (b) placing coffee, tea, and other hot liquids on a table where the patient can reach easily and safely (c) placing hot water bag directly on contact with patient's body (d) by not following the prescribed norms of using hot water bags and heating pads	1
v.	The GDA must keep the medical details of patients confidential. Except for professional reasons, the details must not be discussed with others or in public. What kind of Medical ethics is this? (a) Communication (b) Cultural concerns (c) Confidentiality (d) Business related issues	1
vi.	_____, orthopaedic mechanical device used to restrain and protect a part of the body in case of a fracture (such as a broken leg or hand). (a) defibrillator (b) Tourniquet bandage (c) sling (d) splint	1

Q. 5	Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)	
i.	What kind of patients are more prone to get risk of injury? A. elderly or mentally ill patients B. patients with impaired vision or hearing C. patients with impaired mobility (wheelchairs, walkers and partial paralysis) D. All kinds of patients in hospital (a) A, B, C only (b) B, C, D only (c) A, C, D only (d) A, B, C and d	1
ii.	The basic equipment used for hearing test is _____. (a) Hearing aid (b) Head mirror (c) Tuning fork (d) Cotton-tipped applicators	1
iii.	Things needed for changing linen are bed cover, two sheets, draw sheet, pillow case and counterpane. Match the additional articles needed with their purposes given in the following table:	1

	Additional Articles needed	Purpose	
	1. Laundry bag	A. To carbolise furniture in a room	
	2. Dusters	B. To discard used sheets and send the soiled linen to the laundry	
	3. A bowl with an antiseptic lotion	C. One dry duster to dust the mattress and sheets, and one damp duster to dust the furniture	
	(a) 1- B, 2, A, 3- C (b) 1- A, 2, C, 3- B (c) 1- C, 2, B, 3- A (d) 1- B, 2, C, 3- A		
iv.	What are the basic qualities of GDA? (a) Empathy, Honesty, Dependability (b) Unenthusiastic, Impatient, Rude (c) Untidy, Lethargic, Talkative (d) Irregular, Dishonest, Attacking		1
v.	Food-borne illnesses occur by consuming unhygienic foods and water. Bacteria are the common cause of food contamination. The common symptoms include diarrhea, which may be bloody, nausea, abdominal cramps, vomiting, fever, dehydration, shallow breath, rapid pulse, pale skin and chest pain. _____ should be given with lukewarm water. (a) Cetirizine (b) Oral Rehydration Salt (c) VapoRub (d) Paracetamol		1
vi.	The signs of clinical death are as follows: A. presence of pulse, heartbeat and respiration B. Absence of pulse, heartbeat and respiration C. pupils of the eye become fixed and non-reactive to light D. absence of reflexes E. setting of rigor mortis (stiffening of the body after death due to the fixation of muscles) within few hours (a) A, B, C, D (b) A, C, D, E (c) B, C, D, E (d) A, B, C, D		1

Q. 6	Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)		
i.	_____, an electronic device that controls electric shocks of preset voltage to the heart through the chest wall and is used to reinstate normal heart rate during ventricular fibrillation. (a) cough suppressant (b) defibrillator (c) Advil (d) Tylenol		1
ii.	_____ involves practices that are followed daily to keep oneself healthy and enhance one's personality. (a) Basic grooming (b) Basic dressing (c) Basic appearance (d) Gesture		1
iii.	In case, a specimen is infectious in nature, then what precaution must be taken? (a) Label saying 'Danger of Infection' must be affixed to the specimen package (b) The packaging must be certified and carry the certification number ((c) Instruction saying 'Not to be opened if found' must be affixed to the specimen package (d) None of the above		1
iv.	To measure the length of a baby, who cannot stand, the measurement is taken from the sole of the feet to the _____ of the head. (a) back (b) vertex (c) front (d) side		1
v.	_____ is a chronic inflammatory lung disease that causes the airways to tighten and become narrow, causing difficulty in breathing.		1

	(a) Fever (b) Back pain (c) Asthma (d) Heat stroke	
vi.	_____ conducts tests related to bacteria and toxins produced by them. (a) Blood bank (b) Haematology laboratory (c) Clinical biochemistry laboratory (d) Bacteriology laboratory	1

SECTION B: SUBJECTIVE TYPE QUESTIONS

Answer any 3 out of the given 5 questions on Employability Skills (2 x 3 = 6 marks)

Answer each question in 20 – 30 words.

Q. 7	What does posture as a type of non-verbal communication imply? Give any one example of correct posture.	2
Q. 8	List any four ways to build a network of people around you.	2
Q. 9	List any two advantages of using a word processor to write a report.	2
Q. 10	What does the word "business idea" mean?	2
Q. 11	List all sectors of the green economy that affect your daily life.	2

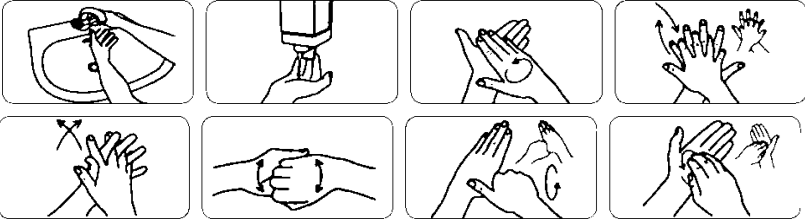
Answer any 3 out of the given 5 questions in 20 – 30 words each (2 x 3 = 6 marks)

Q. 12	How can one prepare patient for taking temperature?	2
Q. 13	How the caregiver can help a patient to get Dental care?	2
Q. 14	What practices should be avoided by GDA?	2
Q. 15	Enumerate the electrical safety measure in hospital.	2
Q. 16	What are the basic principles of First Aid?	2

Answer any 2 out of the given 3 questions in 30 – 50 words each (3 x 2 = 6 marks)

Q.17	Why bed making is an important process for a patient during recovery time?	3
Q.18	What does Heatstroke mean? What are the different symptoms of Heatstroke? If suddenly one person faces Heatstroke on the road, how can one help the person to get comfort?	3
Q.19	Why is hand hygiene important?	3

Answer any 3 out of the given 5 questions in 50– 80 words each (4 x 3 = 12 marks)

Q. 20	Name the common drugs used for following clinical conditions: Allergies, Headache, Heartburn or Acidity, Nasal Congestion, Fever or flu, Constipation, Sprains and strains and Dehydration	4
Q.21	Enumerate the basic qualities of receptionist.	4
Q.22	As a GDA how can you provide aftercare for a patient?	4
Q.23	Explain the following Steps of Handwashing. 	4
Q. 24	Enumerate the Fire safety measures to be followed in hospital.	4