

CBSE | DEPARTMENT OF SKILL EDUCATION

HEALTH CARE (SUBJECT CODE - 813)

Blue-print for Sample Question Paper for Class XII (Session 2025-2026)

Max. Time: 3 Hours

Max. Marks: 60

PART A - EMPLOYABILITY SKILLS (10 MARKS):

UNIT NO.	NAME OF THE UNIT	OBJECTIVE TYPE QUESTIONS	SHORT ANSWER TYPE QUESTIONS	TOTAL QUESTIONS
		1 MARK EACH	2 MARKS EACH	
1	Communication Skills-IV	1	1	2
2	Self-Management Skills-IV	2	1	3
3	Information and Communication Technology Skills-IV	1	1	2
4	Entrepreneurial Skills-IV	1	1	2
5	Green Skills-IV	1	1	2
TOTAL QUESTIONS		6	5	11
NO. OF QUESTIONS TO BE ANSWERED		Any 4	Any 3	7
TOTAL MARKS		1 x 4 = 4	2 x 3 = 6	10 MARKS

PART B - SUBJECT SPECIFIC SKILLS (50 MARKS):

UNIT NO.	NAME OF THE UNIT	OBJECTIVE TYPE QUESTIONS	SHORT ANS. TYPE QUES.- I	SHORT ANS. TYPE QUES.- II	DESCRIPTIVE/ LONG ANS. TYPE QUESTIONS	TOTAL QUESTIONS
		1 MARK EACH	2 MARKS EACH	3 MARKS EACH	4 MARKS EACH	
1	Medical Record/ Documentation	5	1	-	1	7
2	Role of General Duty Assistant in Elderly and Child care	6	-	1	1	8
3	Bio- Medical Waste Management	5	1	-	1	7
4	Operation Theater	5	1	1	1	8
5	Role of General Duty Assistant in Disaster Management and Emergency response	6	1	-	1	8
6	Self-Management and Career Scope	5	1	1	-	7
TOTAL QUESTIONS		32	5	3	5	45
NO. OF QUESTIONS TO BE ANSWERED		26	Any 3	Any 2	Any 3	34
TOTAL MARKS		1 x 26 = 26	2 x 3 = 6	3 x 2 = 6	4 x 3 = 12	50 MARKS

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Sample Question Paper for Class XII (Session 2025-2026)

Max. Time: 3 Hours

Max. Marks: 60

General Instructions:

1. Please read the instructions carefully.
2. This Question Paper consists of **24 questions** in two sections – Section A & Section B.
3. Section A has Objective type questions whereas Section B contains Subjective type questions.
4. **Out of the given (6 + 18 =) 24 questions, a candidate has to answer (6 + 11 =) 17 questions in the allotted (maximum) time of 3 hours.**
5. All questions of a particular section must be attempted in the correct order.
6. **SECTION A - OBJECTIVE TYPE QUESTIONS (30 MARKS):**
 - i. This section has 06 questions.
 - ii. There is no negative marking.
 - iii. Do as per the instructions given.
 - iv. Marks allotted are mentioned against each question/part.
7. **SECTION B – SUBJECTIVE TYPE QUESTIONS (30 MARKS):**
 - i. This section contains 18 questions.
 - ii. A candidate has to do 11 questions.
 - iii. Do as per the instructions given.
 - iv. Marks allotted are mentioned against each question/part.

SECTION A: OBJECTIVE TYPE QUESTIONS

Q. 1 Answer any 4 out of the given 6 questions on Employability Skills (1 x 4 = 4 marks)		
i.	Which of these sentences is in passive voice? (a) They are watching a movie. (b) The clock was repaired by Raju. (c) He is sleeping in the room. (d) My pet dog bit the postman.	1
ii.	This personality disorder is marked by an overreliance on other people to meet one's emotional and physical needs (a) Dependent (b) Obsessive (c) Avoidant (d) Borderline	1
iii.	A _____ is a systematic display of information. It consists of a number of slides containing text, videos, images and graphs. (a) Presentation (b) Database (c) Spreadsheet (d) Word processing	1
iv.	Harish has a rug business in India. He wants to start exporting rugs to Canada but does not know if they would sell there. The barrier he is facing is _____ (a) Self-doubt (b) Lack of plan (c) Selecting the right business idea (d) Getting capital	1
v.	Mona is helping her sister to overcome a personality disorder. What should she do? (a) Talk to her sister (b) Engage her in hobbies (c) Help her build confidence (d) All of the above	1
vi.	Rita's children fall sick very often. They have cold and cough every month. What should Rita do? (a) Grow organic food in kitchen garden (b) Use air purifiers with HEPA filters (c) Keep them inside the house all the time (d) Paint her house with non-VOC paint	1

Q. 2 Answer any 5 out of the given 7 questions (1 x 5 = 5 marks)		
i.	If a patient is transferred to another facility either temporarily or permanently, which kinds of notes are written? (a) admission notes (b) assessment notes (c) discharge notes (d) transfer notes	1
ii.	The security personnel should, therefore, be trained in rescue and search operations. In India, the CISF has been designated as one of the agencies to respond in the case of a disaster striking any part of the country. Write down the full form of CISF. (a) Central Industrial Security Force (b) Central Investigation Security Force (c) Central Investigation Social Force (d) Central Industrial Social Force	1
iii.	What kind of care emphasizes the social and personal requirements of senior citizens who need some assistance with daily activities and health care, but who desire to live with dignity?	1

	(a) Elderly care (b) Child care (c) Adolescent care (d) Adult care	
iv.	What is a reaction to some change that upsets our balance? It is a reaction to physical or mental changes in our life. (a) motivation (b) stress (c) management (d) skill	1
v.	Which zone is the outermost entry/exit zone of the OT complex? (a) Clean zone (b) Sterile/Aseptic zone (c) Protective Zone (d) Disposal Zone	1
vi.	Syringes, needles, disposable scalpels and blades, etc are waste. They should be managed in proper way. What kind of waste is this? (a) Infectious waste (b) Sharps waste (c) Cytotoxic waste (d) Pathological waste	1
vii.	This skill can be defined as the intellectually disciplined process of actively and skillfully conceptualizing, applying, analyzing, synthesizing and/or evaluating information gathered from, or generalized by, observation, experience, reflection, reasoning or communication, as a guide to belief or action or argument. Which skill is this? (a) Critical thinking (b) Creative thinking (c) Problem solving (d) Questioning	1

Q. 3	Answer any 7 out of the given 6 questions (1 x 6 = 6 marks)	
i.	It contains a medication station, hand washing station, nurse station, storage space for stretchers, supplies and monitors/ equipment and gas, suction outlets and ventilator. Identify the sub-area of the operation theater. (a) Staff room (b) Holding area for patient (c) Post anesthetic care units (PACU) (d) Laboratory	1
ii.	The team suppress small fires in designated work areas and assist the search and rescue team or triage team. Identify the team, who help in emergency situation. (a) Medical Treatment Team (b) Medical Triage Team (c) Search and Rescue Team (d) Fire Suppression Team	1
iii.	This is a document which is sent by the hospital informing about a medico-legal case. Identify the document. (a) Wound certificate (b) Accident cum wound register (c) Discharge certificate (d) Police intimation	1
iv.	Products contaminated by radionuclides including radioactive diagnostic material or radio therapeutic materials; and Non-hazardous or general waste: waste that does not pose any particular biological, chemical, radioactive or physical hazards- Identify the waste material. (a) Infectious waste	1

	(b) Radioactive waste (c) Pharmaceutical waste (d) Chemical waste	
v.	These events are usually conducted in schools, offices, factories and other such facilities. The kinds of events usually depend on the possible emergencies that could occur in those areas. Identify the event. (a) Dances (b) Drills (c) Dramas (d) Songs	1
vi.	When human body gets old, the system slows down and it does not work as well as it did in the past. For example, digestion slows down. Foods that are eaten take longer to digest. It also takes longer to burn the calories that we eat. The problem leads to- (a) Endocrine system (b) Muscular system (c) Digestive system (d) Sensory system	1
vii.	You probably have a lot of things to do, so assess how important and how urgent the tasks are; then make sure high priority tasks get done first and are not put off on a regular basis. Identify the strategy of time management: (a) Be specific (b) Priorities (c) Sub tasking (d) Structure the environment	1

Q. 4	Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)	
i.	Nosocomial infections are infections that have been acquired in a _____ and are potentially caused by organisms that are resistant to antibiotics. (a) Home (b) School (c) Hospital (d) Laboratory	1
ii.	It involves planning to respond to a disaster. It includes plans, emergency exercises or training, and warning systems. Identify the phase of disaster management. (a) Preparedness (b) Mitigation (c) Response (d) Recovery	1
iii.	Old people may not be able to learn new things as well as they did in the past. This can be due to- (a) Poor hearing and sight (b) Less ability to understand (c) Less learning ability (d) A short attention span	1
iv.	This is usually maintained by the casualty medical officer. Recording the nature of wound & trauma. In case the patient requests, medical certificate may have to be issued by the hospital. Identify the document. (a) Wound certificate (b) Accident cum wound register (c) Discharge certificate (d) Police intimation	1
v.	First, make sure the first person you manage every day is yourself. Take good care of yourself outside of work so that you bring your very best to work. And while you are at work, you should be all about the work your work that is. Which skill is this to develop? (a) Entrepreneurial skill	1

	(b) Self-Management skill (c) Communication skill (d) Green skill	
vi.	_____are mainly utilized by the surgical departments for conducting various surgeries with the help of the anesthesia department with other paramedical staff, the optimal management of various surgeries requires a team approach including various departments and support units. (a) OPD (b) Laboratory (c) Reception (d) Operation theater	1

Q. 5	Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)	
i.	The overall responsibility of _____along with the infection control committee is to implement the guidelines for hospital waste management and ensure that waste is handled without any adverse effect on human health and environment. (a) Medical Superintendent/Director (b) Officer In charge of Waste Management (c) Heads/In charge of Labs/Units/Departments (d) Matron / Nursing Superintendent	1
ii.	The purpose of documenting medical records are- A. To provide better and evidence-based care. B. Avoid repeating investigations. C. Provide personalized care. D. Improved application of health policy decisions. (a) A, B and C (b) B, C and D (c) A, B and D (d) A, B, C and D	1
iii.	Moist _____is given by face mask or nasal catheter if the patient has undergone major. (a) CO ₂ (b) N ₂ (c) SO ₂ (d) O ₂	1
iv.	Mrs. Maya Devi is 77 years old lady is suffering from the problem of cataract. So, she has visited to ophthalmologist and the doctor said that in elderly people, most common problem of eye is: (a) Gout (b) Bowel disorder (c) Skin rash (d) Vision impairment	1
v.	The _____cycle illustrates the ongoing process by which governments, businesses, and civil society plan for and reduce the impact of disasters, react during and immediately following a disaster, and take steps to recover after a disaster has occurred. (a) Cost Management (b) Friendship Management (c) Disaster Management (d) Relationship Management	1
vi.	They begin to take care of themselves and do things on their own. They learn to control themselves and what they do. They learn how to walk around, feed themselves, use the toilet and control their own behavior. They also want to be with their parents. They do not like people that they do not know. Identify the age group of the child in the given condition. (a) 5 to 12 years. (b) 3 to 5 years (c) 1 to 3 years (d) birth to 1 year	1

Q. 6	Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)	
i.	Effective skill will help you to avoid stress and provide you with more opportunities to get involved in activities. What kind of skill is this? (a) Entrepreneurial skill (b) Self-Management skill (c) Communication skill (d) Green skill	1
ii.	Hema is working in the hospital laboratory and she is responsible of disposal of microbiological and bio-technological wastes. What process can be done by Hema to dispose these wastes? (a) Autoclaving (b) Drainage (c) Landfilling (d) Way same like general waste	1
iii.	Older adults may not be able to speak and ask questions. After a stroke, many patients have aphasia; a lack of ability to speak. This can be due to- (a) Poor hearing and sight (b) An inability to communicate (c) Less learning ability (d) A short attention span	1
iv.	What are includes in Problem focused charting? (a) A - Assessment P - Problem identification I - Intervention E - Evaluation (b) A - Assessment P – Patient identification I - Introduction E - Evaluation (c) A – Achievement P - Problem identification I - Interrogation E - Evaluation (d) A - Action P - Patient identification I - Intervention E – Evaluation	1
v.	_____ is seen often after abdominal surgery. This may cause uneasiness the patient it gradually reduces with early ambulation. (a) Headache (b) Flatulence (c) Increased BP (d) Increased Pulse rate	1
vi.	A _____ results from the combination of hazard, vulnerability and insufficient capacity or measures to reduce the potential chances of risk. (a) enjoyment (b) picnic (c) get-together (d) disaster	1

SECTION B: SUBJECTIVE TYPE QUESTIONS

Answer any 3 out of the given 5 questions on Employability Skills (2 x 3 = 6 marks)

Answer each question in 20 – 30 words.

Q. 7	Write a short note about paragraph.	2
Q. 8	List any two points of importance of self-motivation.	2
Q. 9	Write four steps to insert a text box in a slide.	2
Q. 10	Explain any two values which make an entrepreneur.	2
Q. 11	How Green jobs can be important in solar and wind energy?	2

Answer any 3 out of the given 5 questions in 20 – 30 words each (2 x 3 = 6 marks)

Q. 12	After the surgical process how, the diet can be introduced to patient gradually. After any surgical process diet plays important role in recovery of patient. But it's difficult for patient to digest the normal diet at initial stage. How the diet can be introduced gradually to patient?	2
Q. 13	Why is it important to maintain the confidentiality of medical records of patients?	2
Q. 14	Time management is important skill to be organized. How can you manage your time wisely to become more productive?	2
Q. 15	How the infections can be transmitted by various routes?	2
Q. 16	In emergency situation Medical Triage team helps to rescue people. How they can help in emergency situation?	2

Answer any 2 out of the given 3 questions in 30 – 50 words each (3 x 2 = 6 marks)

Q.17	When you are managing your time how will you make your To Do List?	3
Q.18	How the age groups can be classified?	3
Q.19	Write down the role of following sub-areas of Operation Theater.	3

Answer any 3 out of the given 5 questions in 50– 80 words each (4 x 3 = 12 marks)

Q.20	How the ERT team leader, Prajakta can help in emergency situation?	4
Q.21	In post-operative care, how Mr. Mehra, the patient will be treated in following conditions? a) Patient who have undergone abdominal surgery. b) Patient who is unable to breathe on his own. c) Patient is unable to go for urination. d) Patient has wound in the place of surgery.	4
Q.22	Enumerate four vital signs and show how they can be different in Infant, Child and Teen. Show in tabular form.	4
Q.23	How Pratul, as the part of the Hospital Waste Management Committee can play important role in Waste management?	4
Q.24	When Mr. Khetri meets an accident on the road, he was taken to hospital and Vimal takes care of all the medico-legal documentation part. Briefly explain about the important documents that can be maintained by the hospital in Medico-legal cases.	4