

# **CBSE | DEPARTMENT OF SKILL EDUCATION**

## **CURRICULUM FOR SESSION 2025-2026**

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**BEAUTY AND WELLNESS (SUBJECT CODE-807)**

**JOB ROLE: BEAUTY THERAPIST**

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**CLASS – XII**

### **COURSE OVERVIEW**

This course is designed for the students to learn about and perform the basics of beauty therapy and maintain hygiene and safety at workplace. The students would gain knowledge about various beauty products and will be able to perform basic depilation, manicure, pedicure and basic face care services. They will be able to assist Beauty Therapist in providing advanced services. The students will be trained in the correct usage and handling to perform the skin treatments safely.

### **SCHEME OF UNITS**

This course is a planned sequence of instructions consisting of units meant for developing employability and vocational competencies of students of Class XII opting for skill subject along with other education subjects.

# BEAUTY AND WELLNESS (SUBJECT CODE-807)

## CLASS – XII (SESSION 2025-2026)

Total Marks: 100 (Theory–60 + Practical–40)

	UNITS	NO. OF HOURS for Theory and Practical		MAX. MARKS for Theory and Practical
Part A	Employability Skills			
	Unit 1 : Communication Skills - IV	10		2
	Unit 2 : Self-Management Skills - IV	10		2
	Unit 3 : ICT Skills - IV	10		2
	Unit 4 : Entrepreneurial Skills - IV	15		2
	Unit 5 : Green Skills - IV	05		2
	Total	50		10
Part B	Subject Specific Skills	Theory	Practical	Marks
	Unit1 : Make Up Services	20	55	25
	Unit2 : Facial Beauty Services	20	60	
	Unit3 : Salon Reception Duties	06	14	25
	Unit4 : Create a positive impression at workplace	06	14	
	Total	52	143	50
Part C	Practical Work			
	Practical Examination			15
	Written Test			10
	Viva Voce			10
	Total			35
Part	Project Work/ Field Visit/ Practical File/ Student Portfolio	15		05
	Total	15		05
	GRAND TOTAL	260		100

## DETAILED CURRICULUM/TOPICS FOR CLASS - XII

### Part-A: EMPLOYABILITY SKILLS

S. No.	Units	Duration (in Hours)
1.	Unit 1 : Communication Skills - IV	10
2.	Unit 2 : Self-management Skills - IV	10
3.	Unit 3 : Information and Communication Technology Skills - IV	10
4.	Unit 4 : Entrepreneurial Skills - IV	15
5.	Unit 5 : Green Skills - IV	05
	<b>TOTAL DURATION</b>	<b>50</b>

**NOTE:** For Detailed Curriculum/ Topics to be covered under Part A: Employability Skills can be downloaded from CBSE website.

### Part-B – SUBJECT SPECIFIC SKILLS

- Unit 1: Make Up Services
- Unit 2: Facial Beauty Services
- Unit 3: Salon Reception Duties
- Unit 4: Create a positive impression at work place

### DETAILED CURRICULUM:

#### UNIT 1 – MAKE UP SERVICES

S. NO.	LEARNING OUTCOMES	THEORY	PRACTICAL
1.	<b>Perform Make Up Services</b>	<ol style="list-style-type: none"><li>1. Basic skin types and skin tones. (Oily, dry, normal and combination; Skin tone: Fair, dark, pink, yellow, pale)</li><li>2. Select and apply the correct make-up products to enhance facial features, to suit the client's needs and achieve the desired effect</li><li>3. Various Make-up products: Foundation, powder, blusher, mascara, eye shadows, eye liner,</li></ol>	<ol style="list-style-type: none"><li>1. Identify basic skin types and skin tone correctly.</li><li>2. Select and apply the correct make-up products to enhance facial features, suit client's needs and achieve the desired effect keeping in mind the hue, tints &amp; other colour coordinates</li><li>3. Demonstration of different make-ups: Day, Party, Evening Bridal Make Up</li><li>4. Application of bindi design</li><li>5. Demonstration of draping costumes on customer</li></ol>

S. NO.	LEARNING OUTCOMES	THEORY	PRACTICAL
		eyebrow pencil, lip liner and lip stick/gloss, etc 4. Colour wheel and how to use it for selecting right makeup products 5. Importance of Highlighting and contouring with respect to make up 6. Basic bindi designs 7. Different draping techniques 8. Various make-up removal products and procedures	using correct techniques and without discomfort to the customer 6. Using make-up removers, cleanser and toners to remove make-up

## UNIT 2 – FACIAL BEAUTY SERVICES

S. NO.	LEARNING OUTCOMES	THEORY	PRACTICAL
1.	<b>Operate and apply electrical/electronic equipment for facial beauty services safely and effectively</b>	1. Electrical/electronic machine equipment for beauty services -Brush Machine/Brush Unit, Facial Steamer(Vapour Zone), High 2. Frequency, Galvanic (Iontophoresis, Faradic, Vacuum suction, Micro current, Electro-muscle Stimulator, Lymphatic Drainage Equipment, Microdermabrasion ,Ultra-sonic 3. Contraindications & contractions for use of different machines. 4. Using the equipment for facial beauty	1. Identify various electrical/electronic machine equipment for beauty services correctly -Brush Machine/Brush Unit, Facial Steamer(Vapour Zone), High frequency, Galvanic (Iontophoresis, Faradic, Vacuum suction, Micro current, Electro-muscle Stimulator, Lymphatic Drainage Equipment, Micro dermabrasion, Ultra-sonic 2. Select and prepare suitable skincare products to meet the client's needs in line with the client service plan 3. Select the correct machine and accessories as per the service plan 4. Operate the equipment as per manufacturer's instructions in line with service procedure requirements 5. Identify contra-indications and respective necessary actions 6. Demonstrate specific after-procedure, homecare advice and recommendations for product use and further treatments to the client

### UNIT 3 –SALON RECEPTION DUTIES

S. NO.	LEARNING OUTCOMES	THEORY	PRACTICAL
1.	<b>Perform salon reception duties</b>	<ol style="list-style-type: none"><li>1. Importance of customer satisfaction for business and professional success</li><li>2. Information required for booking an appointment and the purpose of each item of information</li><li>3. Features and operational procedures of computerized booking systems</li><li>4. Importance of managing customers during waiting periods and possible ways to do that</li><li>5. Customer service principles including privacy and protection to modesty of the customers</li><li>6. Data protection, its importance, application and relevant practices</li></ol>	<ol style="list-style-type: none"><li>1. List types of products and services offered by the salon and their costs</li><li>2. Enlist time taken for various services and procedures offered by the salon</li><li>3. Role play to demonstrate different client handling situation.</li></ol>

### UNIT4–CREATE A POSITIVE IMPRESSION AT WORKPLACE

S. NO.	LEARNING OUTCOMES	THEORY	PRACTICAL
1.	<b>Create Positive impression at work place (Client care and communication in beauty industry)</b>	<ol style="list-style-type: none"><li>1. Effective consultation techniques to identify treatment objectives</li><li>2. Effective communication techniques when dealing with clients</li><li>3. Professional etiquettes</li></ol>	<ol style="list-style-type: none"><li>1. Role plays to demonstrate right consultation &amp; communication techniques with clients.</li><li>2. Demonstrate client handling method sciting situational examples</li></ol>

## **LIST OF EQUIPMENT AND SUPPORT MATERIAL:**

The list given below is suggestive and an exhaustive list should be compiled by the teacher(s) teaching the subject. Only basic tools, equipment and accessories should be procured by the Institution so that the routine tasks can be performed by the students regularly for practice and acquiring adequate practical experience.

- |   |                                   |
|---|-----------------------------------|
| 1. All in one Eyelash Brush/Comb  | 45. Infrared Lamp                 |
| 2. All Purpose Comb   | 46. Invisible Pins Boxes          |
| 3. Applicator Brush   | 47. Jumbo Rollers set             |
| 4. Arm Chair  | 48. Ladies/kids Cut Catalogues    |
| 5. Barber Brush   | 49. Large Size Rollers            |
| 6. Bath Comp  | 50. Large Stools                  |
| 7. Blackhead Remover  | 51. Large Tooth Comb              |
| 8. Bleach Brush   | 52. Magazines/Books with rack     |
| 9. Body Massage Bed   | 53. Magnifying Glass              |
| 10. Bowles  | 54. Make up Catalogues            |
| 11. Brushing Machine 10 in 1 (Vacuum, High Frequency, galvanic, wood lamp, magnifying glass, steamer) | 55. Make up Palette               |
| 12. Complete Make up Brushes Set  | 56. Manicure Set                  |
| 13. Computer with Internet  | 57. Manicure Table                |
| 14. Crimpers  | 58. Markers Set as required       |
| 15. Curling Iron  | 59. Measuring Cup sets            |
| 16. Curling Rods (Small, Medium, Large)   | 60. Measuring Glass sets          |
| 17. Cuticle Knife, Buffers, Pedicure rasp( hard skin removal), Nail scissors                          | 61. Measuring Spoon sets          |
| 18. Clippers, Hard skin remover, nipper (for pedicure)  | 62. Medium Size Rollers           |
| 19. Cutting Scissors  | 63. Mixing Bowler set             |
| 20. Cutting Sheets  | 64. Modular Mirrors               |
| 21. Decorative Pins Boxes   | 65. Mop                           |
| 22. Double Wax heater   | 66. Needle for Striking           |
| 23. Dustbin   | 67. Paraffin Heater               |
| 24. Electric Curler   | 68. Pedicure Set                  |
| 25. Exfoliation Machine   | 69. Perming Cap                   |
| 26. Eyebrow Pencil Sharpener  | 70. Pin Curl Clips Boxes          |
| 27. Facial Bed  | 71. Razor with blade              |
| 28. Facial Steamer  | 72. Roller Brush set 5 in 1       |
| 29. Foot Scraper  | 73. Roller Pins                   |
| 30. Foot spa  | 74. Shampoo Bowl Set              |
| 31. Frosting cap  | 75. Shampoo Unit                  |
| 32. Galvanic Machine  | 76. Shower Cap                    |
| 33. Garbage Bin/Bags  | 77. Small Scissors                |
| 34. Hair Brush  | 78. Small Size Hair Rollers Wires |
| 35. Hair Clips set  | 79. Small Stools                  |
| 36. Hair Connector  | 80. Spatula                       |
| 37. Hair cutting Comb   | 81. Spray Bottle                  |
| 38. Hair Dresses Chair/Stool  | 82. Sterilizer                    |
| 39. Hair Dryer  | 83. Stone Therapy set             |
| 40. Hair Pin Boxes  | 84. Straightening Iron            |
| 41. Hair Steamer  | 85. Tail Comb                     |
| 42. Hand Mirrors  | 86. Thinning Scissors             |
| 43. High Chair  | 87. Timer                         |
| 44. Hydraulic Chair 5   | 88. Tinting Brush with Comp       |
|   | 89. Tweezers                      |
|   | 90. White Board                   |
|   | 91. Wide Toothed Comb             |
|   | 92. Working and facial Trolleys   |