

**45th Universal Postal Union (UPU)
Letter Writing Competition for Students 2016**

Rules for Participants

- (a) The 45th Universal Postal Union (UPU) Letter Writing Competition is open to students up to 15 years as on 31.03.2016.
- (b) The age of participants are to be certified by the respective school authorities where the participants are studying.
- (c) The date by which participants should declare their Intention to participation the competition (last date) to CPMG/PMG/School Principal 21.12.2015
- (d) Date and time of the 'On-the-Spot Competition'. 03.01.2016
[10.00 a.m. to 11.00 a.m]
- (e) The participants will make their own arrangements to reach the venue of the competition. The Department/School will provide the answer books for the competition to the participants, but they will bring their own pen/pencil etc.
- (f) All the participants are required to apply in person to the Chief Postmaster General/Postmaster General/School Principal in duplicate. The two copies must have a recent passport size photograph of the participant affixed on them.
- (g) The students shall apply for participation in the competition along with three passport size photographs in the following format on plain paper.

I. Name of the competition : **45th UPU Letter Writing Competition for young people 2016**

II. Full Name of the participant :

III. Father's/Guardian's Name :

IV. Full Address for correspondence:

V. Name of the School/Institution where
Studying , with full details :

VI. Age with exact date of birth to be
Certified by the Head of the Educational Institution:

VII. Sex (Male/Female) :

VIII. Centre :

- (h) Entry in the examination hall will be by Hall Permits, to be issued by the Chief Postmaster General/Postmaster General/School Principal concerned. Each participant will be allotted a Roll No. by the concerned Chief Postmaster General/Postmaster General/School Principal.

IMPORTANT: All the particulars as mentioned in item [g], including the full name and address of the participant should appear on the first page of the Answer Book also. Entries, which do not furnish all relevant details, shall not be considered as valid.

**DETAILS OF THE 45TH UNIVERSAL POSTAL UNION (UPU)
LETTER WRITING COMPETITION FOR STUDENTS 2016**

- | | | |
|---------------------------------------|---|--|
| 1. Subject | : | Write a Letter to Your 45-year Old Self |
| 2. Participants eligibility | : | Students up to 15 years of age as on 31.3.2016 |
| 3. Comment and form | : | Composition must be presented in the form a letter, not exceeding 1000 words in length, on the given subject |
| 4. Date & Time | : | Sunday, 03rd January, 2016, 10.00 a.m. to 11.00 a.m. |
| 5. Language | : | English or any language listed in the 8th schedule of the Constitution of India |
| 6. Last date for submission of forms: | : | 21.12.2015 |
| 7. Prizes (at National Level) | | |
| (a) One First Prize | : | Rs. 5000/- and a certificate |
| (b) One Second Prize | : | Rs. 3000/- and a certificate |
| (c) One third prize | : | Rs. 2000/- and a certificate |
| (d) Consolation Prizes | : | Rs. 1000/- to the best entry from each Postal Circle and certificate |

***The best entry at the national level shall qualify as the
Official Indian Entry for the International Level Competition***

The Universal Postal Union shall select the award winning entries. The top three entries will be awarded Gold, Silver and Bronze Medal respectively along with Certificate and album of UPU official postage stamps from UPU.

8. **It may be ensured that every entry must have the following details on its first page with respect to the participants.**

- | | | |
|---|---|--|
| 1. Candidate's passport size photograph | : | |
| 2. Candidate's name | : | |
| 3. Date of Birth | : | |
| 4. Sex (Male/Female) | : | |
| 5. Father's/Guardian's name | : | |
| 6. Name of the School/Institution | : | |
| 7. Full Postal Address of School | : | |

For further details, please contact the Chief Postmasters General/Postmasters General/Director Postal Services of your Circle/Region. Information will also be available on the Department's Website: <http://www.indiapost.gov.in>.

Annexure - 03

Address List of Chief Postmaster General (CPMG) / Postmaster General (PMG) / DPS

S.NO.	Circle	Address and Phone No. of CPMG	Address and Phone No. of PMG and DPS
1.	Assam	CPMG, Assam Circle, Guwahati-781001 Phone: 0361-2603636	PMG, Dibrugarh-786001 Phone: 0373-2329131
2.	Andhra Pradesh	CPMG, Andhra Pradesh Circle, Hyderabad-50001 Phone: 040-24744555	1. PMG, Visakhapatnam Region, CBM Compound, Visakhapatnam-530013 Phone: 0891-2544934 2. PMG, Vijayawada Region, Vijayawada-520010 Phone: 0866-2496324 3. PMG, Kurnool Region, Ashok Nagar, Kurnool-518005 Phone: 08518-250210
3.	Bihar	CPMG, Bihar, Circle Patna-800001 Phone: 0612-2225051	PMG(N), Muzaffarpur Region, Muzaffarpur-812001 Phone: 0621-2282593
4.	Chattisgarh	CPMG, Chattisgarh Circle, Raipur-492001 Phone: 0771-2233400	---
5.	Delhi	CPMG, Delhi Circle, New Delhi-110001 Phone: 011-23620144	---
6.	Gujarat	CPMG, Gujarat Circle, Ahmedabad-380001 Phone: 079-25505424	1. PMG, Rajkot-360001 Phone: 0281-2233200 2. PMG, Vadodara-390002 Phone: 0265-2791890
7.	Haryana	CPMG, Haryana Circle, Ambala-133001 Phone: 0171-2603100	---
8.	Himachal Pradesh	CPMG, Himachal Pradesh Circle, Shimla-171009 Phone: 0177-2629000	---
9.	J&K	CPMG, J & K Circle, Srinagar-190001 Phone: 0194-2452528 Jammu Tawi-180001 Phone: 0191-2561738	---
10.	Jharkhand	CPMG, Jharkhand Circle, Ranchi- 824002 Phone: 0651-2482345	---
11.	Kerala	CPMG, Kerala Circle, Tiruvananthapuram-695033 Phone: 0471-2308300	PMG, Kochi-682016 Phone: 0484-2391800 PMG, Kozhikode-673011 Phone: 0495-2767900
12.	Karnataka	CPMG, Karnataka Circle Bangalore-560001 Phone: 080-22258832	PMG, SK Region, Bangalore-560001 Phone:080-22255293 PMG, NK Region, Dharwad-580001 Phone: 0836-2742001
13.	M.P.	CPMG, M.O. circle, Bhopal -	PMG, Indore Region, Indore-452001

		462012 Phone: 0755-2550838	Phone: 0731-2702723
14.	Maharashtra	CPMG, Maharashtra Circle, Mumbai – 400001 Phone: 022-22620049	PMG, Aurangabad – 431002 Phone: 0240-2370822 PMG, Goa Region, Panaji – 403001 Phone: 0832-2225225 PMG, Nagpur Region, Nagpur – 440010 Phone: 0712-2560517 PMG, Pune – 411001 Phone : 020-26126157
15.	North East	CPMG, N.E. Circle, Shillong-793001 Phone: 0364-2220579	DPS, Tripura Dn., Agartala-791001 Phone: 0381-2323800 DPS, Mijoram Dn., Aizawal-795001 Phone: 0389-2328024 DPS, Nagaland Dn., Kohima-797001 Phone: 0370-2290597 DPS, Manipur Dn., Imphal-795001 Phone: 0385-2220264 DPS, Arunachal Pradesh Dn., Itanagar-791111 Phone: 0360-2214937
16.	Punjab	CPMG, Punjab Circle, Chandigarh-160017 Phone: 0172-2706700	—
17.	Orissa	CPMG, Orissa Circle, Bhubaneswar-751001 Phone: 0674-2392000	DPS, Sambhalpur, Orissa Phone: 0663-2401009 PMG, Berhampur (GM), Berhampur-76000` Phone: 0680-2221555
18.	Rajasthan	CPMG, Rajasthan Circle, Jaipur-302007 Phone: 0141-2372020	PMG, Southern Region, Ajmer-305006 Phone:0145-2433602 PMG, Western Region, Jodhpur-342001 Phone: 0291-2432800
19.	Tamil Nadu	CPMG, Tamil Nadu Circle, Chennai-600002 Phone: 044-28520367	PMG, Southern Region, Madurai-625002 Phone: 0452-1532244, 2532244 PMG, Western Region, Coimbatore-641002 Phone: 0422-2554100 PMG, Central Region, Tiruchirapalli-620001 Phone: 0431-2463600
20.	Uttar Pradesh	CPMG, UP Circle, Lucknow-226001 Phone: 0522-2622000	PMG, Agra Region, Agar-282001 Phone: 0562-2263310 PMG, Kanpur Region, Kanpur-208001 Phone: 0512-2306614, 0512-2306022 PMG, Gorakhpur Region, Gorakhpur-273008

			Phone: 0551-2200844 PMG, Bareilly Region, Bareilly-243001 Phone: 0581-2427005 PMG, Allahabad Region, Allahabad-211001 Phone: 0532-2624887
21.	Uttaranchal	CPMG, Uttaranchal Circle, Dehradun-248001 Phone: 0135-2658396	—
22.	West Bengal	CPMG, West Bengal Circle, Kolkata-700012 Phone: 033-22120070	PMG South Bengal Region, Kolkata-700012 Phone: 033-22121080 PMG, North Bengal & Sikkim Region, Siliguri-734411 Phone: 0353-2436550 DPS, A & N Island Dn., Port Blair Phone: 03592-230485 DPS, Sikkim State, Gangtok Phone: 03592-222610

For further details, please contact the Chief Postmasters General/Postmasters General/Director Postal Services of your Circle/Region.

**Department of Posts
Government of India**