



**केन्द्रीय माध्यमिक शिक्षा बोर्ड**  
(मानव संसाधन विकास मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)  
**CENTRAL BOARD OF SECONDARY EDUCATION**  
(An Autonomous Organisation under the Ministry of Human Resource Development, Govt. of India)



CBSE/DIR./SE&T/PAT/2020

31.08.2020

Notification No: 78/2020

## NOTIFICATION

### Webinar on 'Importance of Physical Fitness in a student's life' by *Mr. P. Gopichandon* 4<sup>th</sup> September 2020, 1pm to 2 pm IST

CBSE, vide Circular No. 25/2020 dated 7<sup>th</sup> April 2020 had introduced 'Physical Activity Trainer' as a new Skill subject at Secondary level. An Awareness Programme for the Principals and members of School Management was organized by CBSE in collaboration with Sports, Physical Education, Fitness & Leisure Skill Council (SPEFL-SC) about the course content and career opportunities for the students pursuing this subject on 19<sup>th</sup> August 2020 (refer to CBSE Notification No. 76/2020 dated 14.08.2020).

In this regard, CBSE in collaboration with Sports, Physical Education, Fitness & Leisure Skill Council (SPEFL-SC) is organizing a special Webinar on 'Importance of Physical Fitness in a student's life' for Principals/Vice Principals/Teachers/ members of School Management Committee of CBSE affiliated schools on 4<sup>th</sup> September 2020, 1 pm to 2 pm IST.

*Former Indian Badminton player and presently the Chief National Coach of the Indian Badminton team Mr. P. Gopichand has consented to be the keynote speaker.*

Three modes of joining the webinar are available:

- ❖ **Direct entry in webinar:** Only 200 participants will get participation link from CBSE for interaction with *Mr. P. Gopichand*. Interested participant can register themselves through the link: <https://forms.gle/a19YVRgd7eJ22p9u6>
- ❖ Others can join the program by using any of the following link (without any registration)
  - **Live streaming (for cbseshiksha.in users):** Users can join live streaming through the device in which they have logged in by using their cbseshiksha.in email id and join the live stream using the link: <https://stream.meet.google.com/stream/47243a56-a14d-4be6-822f-505065210d61>
  - **Open live streaming on YouTube:** <https://youtu.be/JtCcXtoAfTw>
  - **Live streaming on the Spotzgrid app:** <https://sportzgrid.com/event/4644>

**Please note that there is no fee for attending this programme.**

**For more queries and feedback, the schools may contact:**

- Joint Secretary, Department of Skill Education, CBSE at [jsse.cbse@gmail.com](mailto:jsse.cbse@gmail.com)
- *Ms. Priya Dwivedi*, Senior Manager, Sports, Physical Education, Fitness & Leisure – Skill council (SPEFL-SC) on 8197033537 or [priya.dwivedi@sportsskills.in](mailto:priya.dwivedi@sportsskills.in)

*Biswajit Saha*  
(Dr. Biswajit Saha)

Director (Training and Skill Education)



'शिक्षा सदन', 17, राऊज़ एवेन्यू, इंस्टीटूशनल एरिया, नई दिल्ली-110002  
'Shiksha Sadan', 17, Rouse Avenue, Institutional Area, New Delhi – 110002





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Copy to the respective Heads of Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:

1. The Commissioner, KendriyaVidyalayaSangathan, 18-Institutional Area, Shaheed Jeet Singh Marg, Delhi-110016.
2. The Commissioner, NavodayaVidyalayaSamiti, B-15, Sector-62, Institutional Area, Noida 201309.
3. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110054
4. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017
5. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim –737101
6. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar –791 111
7. The Director of Education, Govt. of A&N Islands, Port Blair - 744101
8. The Director, Central Tibetan School Administration, ESSESS Plaza,CommunityCentre,Sector3,Rohini
9. The Additional Director General of Army Education,A–Wing,SenaBhawan,DHQ, PO,New Delhi-110001
10. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202,Shankar Vihar (Near APS), Delhi Cantt-110010
11. All Regional Directors/Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions for compliance.
12. All Director/Heads/ In-Charges, COEs of the Board with request to disseminate the information
13. All Joint Secretary/Deputy Secretary/Assistant Secretary, CBSE
14. In charge IT Unit with the request to put this circular on the CBSE Academic website
15. The Public Relations Officer, CBSE
16. PS to Chairperson, CBSE
17. SPS to Secretary, CBSE
18. SPS to Controller of Examinations, CBSE
19. SPS to Director (Information Technology), CBSE
20. SPS to Director (CTET)
21. SPS to Director (Edusat)
22. SPS to Director (Academics) CBSE.
23. SPS to Director(Professional Exam), CBSE
24. SPS to Director(Skill Education), CBSE

Director (Training and Skill Education)



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