



केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation Under the Ministry of Education, Govt. of India)



के.मा.शि.बो./शैक्षणिक/ ई-पत्रिका /2025

दिनांक: 09-07-2025

अधिसूचना

के.मा.शि.बो से संबद्ध सभी विद्यालयों के प्रमुख

एनसीईआरटी द्वारा प्रकाशित ई-पत्रिका 'सपनों की उड़ान' के अगस्त संस्करण के लिए प्रविष्टियां भेजने के संबंध में।

यह अधिसूचना ई-पत्रिका सपनों की उड़ान के संबंध में अधिसूचना संख्या शैक्षणिक 49 दिनांक 20.06.2025 के अनुक्रम में है। इस ई-पत्रिका के अगस्त 2025 अंक का विषय निम्नलिखित है –

“पारंपरिक वेशभूषा और भारत में कपड़े का इतिहास।”

आपसे अनुरोध है कि आप अनुलग्नक-A में दिए गए दिशा-निर्देशों के अनुसार उपरोक्त विषय पर मूल प्रविष्टि निम्नलिखित गूगल फॉर्म लिंक पर अपलोड करें। प्रविष्टियाँ भेजने की अंतिम तिथि 25.07.2025 को शाम 4:00 बजे तक है।

लिंक - <https://forms.gle/av2jikLDDpDGPo4G6>

कृपया ध्यान दें कि केवल प्रधानाचार्य द्वारा विद्यालय की cbseshiksha.in ईमेल- ID से भेजी गई प्रविष्टियाँ ही स्वीकार की जाएंगी। साहित्यिक चोरी (plagiarism) स्वीकार नहीं की जाएगी।

उपरोक्त जानकारी को सभी हितधारकों यानी विद्यार्थियों, शिक्षकों, अभिभावकों और कर्मचारियों से साझा करें और विद्यार्थियों को भाग लेने के लिए प्रोत्साहित करें।

किसी भी प्रश्न के लिए कृपया e-magazine@cbseshiksha.in पर संपर्क करें।

डॉ. प्रज्ञा एम. सिंह
निदेशक (शैक्षणिक)



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CBSE/ACAD/E-Mag/2025

09-07- 2025

NOTIFICATION

All Heads of the Schools affiliated with CBSE

Invitation for sending entries for August edition of *Sapnon ki Udaan*-an e-Magazine published by the NCERT

This is in continuation to notification no. Acad 49 dated 20.06.2025 regarding e-magazine *Sapno ki Udaan*. The following is the theme for the August, 2025 issue of the magazine –

“Traditional Costumes and History of Clothing in India.”

You are requested to submit the original work on the theme mentioned above as per the guidelines given at Annexure-A. The entries must be submitted through the google form latest by 4:00 PM on 25.07.2025.

Link- <https://forms.gle/av2jikLDDpDGPo4G6>

Please note that the entries submitted through school cbseshiksha.in email-ID by the Principal only will be accepted. Any plagiarised content will not be accepted.

Kindly disseminate the above information among all the stakeholders i.e. students, teachers, parents and staff members and encourage the students to participate.

For any queries please email at e-magazine@cbseshiksha.in

Dr. Praggya M. Singh
Director (Academics)

Call for Submissions: *Sapno Ki Udaan*, August 2025

Theme: Traditional Costumes and History of Clothing in India

The upcoming **August 2025** issue of *Sapno Ki Udaan* invites student submissions in the form of their creative expressions like poetry, stories, articles, dialogues, essays, illustrations/posters, profiles, travelogues, etc. The main theme of this issue is –

“Traditional Costumes and History of Clothing in India.”

We welcome creative and informative submissions that highlight the artistic, social, historical, and personal dimensions of Indian costumes – from ancient robes to tribal dress, royal attire to common wear, and evolving trends over the centuries. We also welcome submissions on the following sub-themes, but not limited to:

Sub-Themes (but not limited to):

- Weaves of traditional India
- Evolution and influences
- Woven Identities – culture, community and costumes
- Ceremonial and expressive traditional wear

***Articles** on the above theme and sub-themes shall be placed as the thematic article of the issue.

Submission Categories and Word Limits:

Submissions in the following categories may not necessarily be based on the main theme. These are creative features to encourage experiences, imagination and creativity of the students.

1. Poems (12–32 lines)
2. Stories (600–1200 words)
3. Dialogues/Plays (400–700 words)
4. Illustrations/Posters/Paintings (High-resolution, 300 dpi)
5. Travelogues (800–1200 words)
6. State Snapshots (up to 500 words)
7. Photography (High-res JPEG/PNG, 300 dpi)
8. Quizzes/Trivia (20–30 questions)
9. Reflections (500–1000 words)

Few Suggested Topics-

1. Historical Evolution of Clothing in India
2. Regional Diversity in Traditional Costumes
3. Role of Textiles and Weaving Traditions
4. Clothing and Social Identity
5. Colonial Impact and Resistance through Clothing
6. Clothing and Religion
7. Gender and Clothing Norms
8. Clothing in Performing Arts and Folklore
9. Clothing and Political/Ideological Expression
10. Contemporary Revival and Fashion
11. Ancient and Medieval Indian Clothing
12. Ceremonial & Festival Wear
13. Evolution of Indian Fashion
14. How Clothes Changed Over Time
15. Environment and Traditional Clothing in India

General Guidelines:

- All entries must be **original and unpublished**.
- Submissions in any **scheduled Indian language** are welcome.
- **Plagiarised** or **AI-generated content** shall be disqualified
- Follow the **word limits** and formats mentioned in the guideline.
- Photographs should be scanned at high resolution in JPEG or PNG format, with a minimum of 300 dpi.
- Use the following formats in word documents:
 - **English:** Times New Roman, 12pt, 1.5 spacing
 - **Hindi:** Unicode, 14pt, 1.5 spacing

Include the following details in your submission:

- Full Name
- Class
- School Name & Address
- Contact Details (Email & Phone)

Submission Deadline: 25 July 2025

Send to: <https://forms.gle/iWj3KhsT6SokgEHdA>

NOTE- The google form will be accessible only through school cbseshilsha.in (eg 1234@cbseshiksha.in- here 1234 is your school number). Make sure your google drive is open with cbseshiksha.in ID to fill the form.